

# THERAPEUTIC GUIDE

(For the use of Registered Medical Practitioners only)



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## INDEX

SI.No.	DESCRIPTION	PAGE
1	THE SIDDHA SYSTEMS OF MEDICINE	1
2	CAPSULES & TABLETS	31
3	LEGIYAM	41
4	THYLAM	46
5	PARPAM	51
6	CHENDOORAMS	53
7	KARUPPU	55
8	CHUNNAM	55
9	MATHIRAI	55
10	VENNAI	59
11	MELUGU	59
12	MANAPPAGU	60
13	SYRUPS	61
14	BALMS	61
15	DROPS	62
16	POWDERS	63
17	HERBAL TEA	63
18	HERBAL CANDY	63
19	ANTILICE POWDER	64
20	FACIAL POWDER	64
21	GOLD PILLS	64
22	SARPATHS	65
23	GRIPE WATER	66
24	NUTRO FOOD	66
25	HERBAL JAM	66
26	CHLOORANAM	67
27	RASAYANAMS	71
28	NEY	71
29	OTHERS	73

## THE SIDDHA SYSTEM OF MEDICINE

It is a peculiar science and it cannot be compared with Ayurveda, Allopathy or any other system of medicine. It is medical science. It is medical science comprising with all kinds of sciences as Alchemy, Philosophy, Yoga, Magic, Astrology etc. If any reader opens a book on this system, he would naturally find all the said science mixed up along with medicine. So it is found on very broad basis.

The internal evidence of this literature shows that they were written and composed at a time long before the civilization of Western Asia and Europe it can not be denied that the siddha system of medicine is peculiar only to the Tamil country, as all the Siddhars are Tamilians except some as Bogar, Pulipani, Rama Dever etc. of other countries and so they had composed their works in tamil verses. Moreover it is a science clearly attributed by the grace of God Shiva and Parvati, Siddha system had achieved many great things very early in the history of civilization is a fact that cannot be denied. Siddhar's period was one of intense and intellectual activity in all its art and sciences in the realm of medicine, it was indeed a golden age, As regards the theorise of this system it is very broad question to be answered. The authors of this system are spiritualists of great culture The Siddhars have written from their spiritual knowledge and experience and therefore the truths of them cannot be denied by mystery to layman and beyond his comprehension unless one really attempts to get them after exhaustive study.

The Tamil Siddha Medicine has certain features & characteristic of Dravidan civilization of south India, a greater portion of which was submerged in the sea, including of course, the first great Tamil Sangam. If should be know that Siddha system is an distinct a science from Ayurveda as of Tamil language is of a Sanskrit one. All the works in the system were written only Siddhars, as could be

learnt from their compositions in verses of high Tamil and so they cannot be limited by other ordinary writers. Besides, they contain many mysterious informations and quite unguessed of things not to be found in other works. Some of the important secrets are couched by code words which could be solved only by those who made a complete and exhaustive study of siddhar's works. Many points on Alchemy are dealt with so cleverly knowing fully well that the world is mad after it for making gold. Moreover it is well known from what our elders say that a physician should start his profession from Alchemy which is expected to learn first not for amassing wealth but for his bare subsistence and nothing more, and for practising medicine without expecting money in return from the patients.

It is said that all cannot be successful practitioners except those who are born at a particular constellation of stars. Horoscopically they should be one eligible in the science of Alchemy and Medicine. It is said that one born in cancer a constellation of the Zodiac is a born physician. So person of acquired knowledge will never be so successful in the art chosen by him much less by those having patting knowledge without a scientific study.

NOTE : Great is the contribution which siddha system have made to the world's thought. It borne out by evidence that will stand any impartial scrutiny, that from earliest times Siddhar's culture was at its zenith when other countries were plunged some thousand of years ago in complete barbarism. It is highly desirable that scholars and scientists of the eminence of Sri P.C. Ray should enter into the field of Research of our Tamil Literature treating on the subjects mentioned above which is now looked up without being made available for the benefit of the present day humanity. It is only then many of the forgotten truths which remain concealed in our ancient writings of Siddhars, will be exposed for the benefit of the public.

Siddhars are those who lived and maintained their bodies as they desire best. They were mostly of a Tamil Saiva sect which maintained Siva for its God, and rejected everything else in the Saiva system which was inconsistent with the pure Theism. They had investigated that the body, though transient was the one and only instrument for attaining success in the spiritual development and growth and so worked out to attain the eight supernatural powers, as Anima, Magima, Lagima, etc., essential for their goal, as mentioned in Silappathigaram. They further realised that if the body could only be made strong and perfect they could get rid of birth and death and live for ages together. They are the greatest men holding tremendous powers in themselves by way of yoga practice and rejuvenation. They are capable of enjoying spiritual success in their mortal bodies.

The further attained Spiritual awakening by rousing, with their suppressed breathing, the Kundalini lying dormant at the base of the spinal column in the region of the sacral plexus; and with the help of remedies of high potencies and virtues consisting of all kinds of drugs, minerals, metallic preparation and poisons they sought of Elixir of life, thus conquering all infirmities against grey hairs, wrinkles of the skin, old age and death. They could fly through the aerial regions with the aid of animated mercurial pills and even visited all the planets and stars and enjoyed the pleasures and wonders found therein.

So they are men holding tremendous and extraordinary powers, superhuman in nature, and can even, in this life, change their bodies into god bodies. There are several such cases mentioned by siddhars in their books. They can change the material of their bodies and rearrange the molecules in such a fashion that they may

have no more sickness or death. They can send mental electricity without the aid of nerve channels, thus holding communion by remaining in their own places, with anybody and anywhere in the Universe. Their principle is that ideality and spiritual knowledge can only be attained through Yoga and to reach this, bodily existence is essential and so, that wanted to gain success before they die. The realised that if the body came to an end, it would take a longer time to reach the goal by being born again and again and in this way, much time will be lost.

## **SIDDHARS THEORY**

All Siddhars have written clearly in their works on four subject Viz - Alchemy, Medicine, Yoga and Philosophy, and they have mentioned all clearly of their syllogism of propositions.

### **1. Alchemy (Chemistry)**

- a) An Alchemist should necessarily be a Spiritualist and so strong will benevolence, charity and above all, purity of mind is essential.
- b) He should not have avarice for gold or money.
- c) He should be a born Alchemist, taking birth at a particular constellation according to his former Karma.
- d) The principles of give elements on which the product of Alchemy is based is in very way identical with those comprised in the generation of a child. If any defect, excess or other changes in the five elementary principles of the alchemical process take place, it is a failure just like the abortion in a child.

### **2. Medicine**

- a) A system of medicine without understanding and without a true knowledge of natural laws, will remain for ever a system of theories, mere opinion and of passive observation and inactivity.
- b) Man can accomplish nothing through his own power but everything can be accomplished, through man by power of faith. This truly holds good in the oases of a physician.
- c) It is nature that causes disease and it a again nature that effects their cure, and therefore physician should know the process of nature.
- d) Siddhars fully realise that planetary evil effects and sins of previous birth known as karma are the causes of diseases and other misfortunes.
- e) According to a patient's horoscope the movements and disposition of the planets are of much importance in medicine; and so, it s most important for a physician to consider the aspect of heavenly bodies before starting the treatment of a patient.

### **3. Yoga**

- a) A Yogi can enter another's body and even the dead body, and make it get up and even more about. He can also manufacture bodies and minds called created bodies and created minds.
- b) The shortest and the safest way to complete the cycle of evolution in man is by yoga, which cannot be practiced without having some one to guide and explain what they mean; otherwise there will be a break down in physical condition and health.

- c) Pure mind itself plays the part of a Guru because when the spiritual practice is increased, the power of comprehension is also increased and this enables the higher mind to act as a guide.
- d) Man can command over the elements and as such, after the course of nature, may assume and form in the creation, dematerialise and rematerialise their bodies.
- e) Without the energy of nerveforce stored up in Kundalini the heart cannot beat, the lungs cannot breathe, the blood cannot circulate and the various other organs cannot perform their normal functions.
- f) The Personal Magnetism is the subtle force developed in man, by which people are influenced and the nations are controlled and it is due to the strength of pranas.

#### 4. Wisdom (Philosophy)

- a) Man is the only being the creation, with all kinds of latent powers reaching up to the level of God; and his only defect is that he does not care to know that such powers are hidden in him, and he has to make them patent by his prescience.
- b) Perfection in man's nature is barred by Maya and prevented from asking its proper course; and when once, this bar is removed Nature rushes with all its potentialities and powers.
- c) There are in our several supports to the soul for the existence and sustenance of life and they are the five elements, the six plexuses, the three nadies, the three humours etc. constituting in all 96 Tatwas i.e. the constituent principles in nature.

## THE SCIENCE OF PULSE

The science of pulse was compiled in Tamil by eighteen Siddhars. When a man falls ill, this science is useful for diagnosing the disease and for determining through pulsation (feeling with the fingers) the nature and other characteristics of the disease. Therefore some knowledge of pulse is always essential and useful to the physician for adopting prophylactic and preventive steps in time. Although physicians learn more about the non-essential or accessory factors or signs of the disease, yet they are entirely in the dark as to the exact nature of the disease inside the body, which alone is really beneficial from a therapeutic point of view. Diagnosis of the disease by means of the pulse is not so easy and it requires great skill and experience before it can be of any real value to the physician. Nadi (pulsation) itself is a separate science. It is mostly taught by the specialists on the subject, and privately by a Guru to his disciple. Men of great experience alone can explain the various factors in regard to the pulse and this is the reason why this subject of pulse is not at all included in the books of the subsequent writers explicitly but quietly omitted.

The various character and conditions of the pulse beat communicate to the fingers of the experienced physician, the sign of health and disease, just in the same way as the wires of a violin does to a musician, the different notes when pressed by his fingers. The difficulty of the method in this art is acknowledged even by the foreign authorities. The three divisions in the pulse are indicated by three fingers fore, middle and the ring fingers showing respectively the Vath, Pitta, and Kapha. This may be roughly compared to the three parts of a normal Sphygmographic tracings the upstroke, the notch or the tidal wave and the down stroke.

So, the object of the pulsation or the feeling of pulse for prognosis and diagnosis is to find out the state of the three Doshas and their variations in their natural character. It should be remembered that the pulse is the indication about the state of the heart and other Doshas. The feeling of the pulse in cases of male and female - in male the right hand pulse and in female the left one. The custom has at present degenerated like the signs used as a prefix to all prescriptions of the modern scientist. Originally, the method was based upto the knowledge and position of Koorma Chakra one of the plexuses, probably the sympathetic system of the modern physiologists, who really now even now very little about this system.... so, there are two different methods of examining the radial pulse in man and women.

Some experts in this give out the exact nature of the disease to an astonishing degree. Not only this they can even predict like astrologers as to whether a disease in which a man is going to be afflicted with, is curable and also predict his death. This is possible only in the Siddha system of medicine, and here, it supersedes all other systems including Ayurveda. A well versed physician is one who is trained in the feeling of pulse or examination of the movements of the pulse only and the one arriving at the correct and accurate diagnosis by the pulse. The difficulty of this pulse method is acknowledge even by the foreign authorities who concluded by remarking, "If this rest of pulse is accepted, then in some respects Siddha physicians have brought Medicine nearer and exact science than the west has yet been able to do".

## THE SYSTEM OF MEDICINE

The following are the medicine and medical preparations according to siddha system.

1. Juice leaves or fruit juice.
2. Syrup - jaggery or sugar syrups.
3. Extracts - mica essence.
4. Oil - gallnut etc.
5. Medicated oil - medicated sandal wood oil.
6. Ghee - medicated ghee of colocynth.
7. Semi - solid extracts - extracts of colocynth.
8. Medicinal powder - powder of mooncrepper.
9. Acid or distilled liquid - sulphuric acid, distilled omum water.
10. Metallic oxide - calcined silver oxide.
11. Sulphides - mercuric sulphide.
12. Caustic or major oxides - Oxide of pearl
13. Medicated pill - bezoar pill.
14. Wax like unguent - Rasagandhi melugu
15. Salt - sulphur salt.
16. Sublimation - Sublimed mercury

## GENERAL REMARKS OF SIDDHA SYSTEMS OF MEDICINE

It should be known that mind exerts great influence on the body for the spirit that works through the primordial material essence of mind is endowed with great energy. The ancient Siddhars knew the scientific truth by their meditation and worked wonders through their mental force.

The Siddha system of medicine has been enveloped from a study of the special characteristics of the physical constitution of the people of south India not to speak of that portion consulting the Tamil continent which was submerged in the sea and the medicines prescribed in that Science are such herbs, pulps and roots peculiar to this country and in abundance and agreeable to the nature of the food suitable to their constitution and which the people are accustomed to.

The Indian customs and habits as well as the Indian climate are quite unsuitable to Allopathic Medicine as for instance, the use of several tinctures and spirits in every dose of medicine, means a great strain on the liver and the kidney; and this may itself lead to various diseases. The several millions of south Indians were saved in rural parts under Siddha system in spite of the modern system especially at the present day is fast dying out for want of encouragement and Research and many of the South Indian pharmaceutical factories in existence in Mysore, Tanjore, Andhra District etc, for supply of chemicals and drugs were all closed up owing to the passing of the poisons act by the British Government.

Siddha works contain very useful informations that are to be seen in printed works. The whole work must be thoroughly analyzed with a view to enunciate the scientific principles underlying the system. The growing younger generations do not seem to show an interest towards ancient science of Siddhars simply because, the

humanitarian side of Indian Intellectual life, has of late, received materialistic baptism under the influence of Western culture and civilisation producing at the same time, the inevitable result of nature's contempt for our literatures, science, art and culture. The real cause of retrogression of the Indian systems as a whole, is to be found in the callous indifference of the State towards them.

Firstly our Siddha theories have stood and survived the test of hundred of centuries, and so we opinion that it cannot be rejected as in the case of theories of Karmic diseases which is far away from the reach of the Western science. In order to produce the desired effected medicine should be prepared in strict accordance with rule laid down in Tamil works. We generally follow the preparation adopted by our forefathers or our Gurus in Tamil works. So, individual merit and scholarship has to be recognised handed over from Guru to his disciple.

In certain systems it is said that certain diseases are caused by resorting to Pancha Karma treatment; but the Siddha systems they may be cured with the help of medicines of metallic preparation like Paspam, Chendooram, Chunnam etc. without the aid of Pancha Karma.

Secondly there are many theories in the Siddha system and it is seldom possible to pronounce a verdict once for all. Modern physiology is yet quite in the dark on various points and theories contemplated in the Siddha system. There is much to be investigated and brought to light. Many problems on Biology are not yet properly understood. The inheritance of acquired characters and determination of sex are yet to be solved. Even at the present day, some times the theories put forward by eminent scientists appear fantastic. Is not the theory of Harmonies in some way resemble the theory of Harmonies in some way resemble the theory of Homours? It is not in keeping with Scientific spirit to declare of say openly that a theory is false or impossible without making sufficient investigation leading to a conclusion. Before passing adverse

opinions in matters of science, we forget that there is yet much more to be learned, and that the progress of science till now has been like gathering pebbles on the seashore of knowledge. In Biochemistry, we are in the infant stage which compared with the chemico-Philosophic theories of the ancient Siddhars. The test of a good theory lies in its practical application.

## THE DOCTRINE OF FIVE ELEMENTS

According to Siddhar's science, they are the original based of all the corporeal things which, when die out or destroyed resolve themselves again into elements. The human body is composed of five elements viz-Earth, Water, Fire, Vayu and Akasha or ether. This is infact what takes place in the case of dead bodies.

The following instance will show the transformed conditions of the five elements in the human body.

1. Earth - Bones, flesh, nerves, skin and hair.
2. Water - Bile blood, semen, secretion and sweat.
3. Fire - Hunger, thirst, sleep, beauty and indolence.
4. Air - Contraction, expansion and motion.
5. Sky - Inter spaces of the stomach, heart and the head.

All earthly things live, move, grow and die to be resolved themselves again into five elements after death. They are the fundamental principles of creation, preservation and destruction in the universe. On examining their function, it should be known first, that these elements first combine with one another to form cells the requisite materials or organism for the animal body; and secondly, they discharge the functional forces called cellular activities, which are in themselves, the guiding principles of mind and the body.

- 1) The creative activity in the physical body is known as Vatha.
- 2) The protective one is Pitta.
- 3) The destructive one is Kapha. (Phlegm)

In the mental body, these activities are being guided by the three qualities Satwa, Rajas and Tamas, which are after all the relative forms of the abodes said activities. It is only the matter and force which they brought into union by Nature and they manifest themselves into a Purusha composed of Soul, mind, and body.

The soul thought from the basic for the generative forces to act and react on mind and body and to produce mental and physical activities, yet it remains independent, undisturbed and absolute.

Now coming to body and mind, their Ultra-microscopic activities are brought on by the nerve centres which make up the human body proper. So, the body manifested from the absolute depends for its functional existence on the food we take just like petrol or coal for a machinery. It is only that the well measured and judiciously regulated supply of food that causes progressive chemical changes to produce chyme or chyle (rasa) to blood, then flesh, then fat and bones, and lastly marrow and semen. It is the progressive change and action that lead to the three humours described below viz-Vatha, bile, phlegm.

## THE FOLLOWING ARE THE CENTRES OF THE FIVE ELEMENTS IN THE HUMAN BODY

1 and 2 - Akasa and Air centred in the brain and the nerves.

3 - Fire necessary producing body heat which is necessary for converting food to Rases which are the means of cellular tissues and maintenance.

4 and 5 water and Earth centred all over the tissues for regulating the above said heat for the development and growth and maintenance of the human body composed of flesh and bone.



## DISEASE

According to Siddha systems, the three fold combinations of intellect and the object of five sense, affects the twelve constituents of semen and ovum and things assimilated. Owing to some changes in their normal functions, the latter becomes modified and this is what is called disease; while the normal working time of intellect and objects of sense is called health.

Diseases is not only a general term for any deviation from the normal physiological conditions, but also to any deviation from normal psychological conditions.

It reminds of the proverb' sound body in a sound mind' So there are two classes of disease physical and mental and each arises from the other of a truth mental disorders arise from physical ones and vice versa. All diseases whether physiological or psychological have a constitutional back ground.

Note : Diseases are also caused without the derangement of humours in the beginning. When any of the five senses are brought in contact with their objects in an excessive degree or in extraordinary manner, senses themselves become diseased and sometimes, affect the other parts of the body causing disease. The same is the case with the mind, because it is influenced by sudden attacks of grief, fear, joy and such other feelings.

The causes of all diseases or pathological conditions of the human body are to be sought in the abnormalities of the three varieties of material bodies that are always present in the human body or the improper functioning of the tissue cells of the body. Diseases caused by deficiency require nutrition and those caused by excess require reduction as by starvation or draining of matter.

Siddha physician of age old dived deep into the exclusive symptoms of senile decay and carefully preserved their researches till they reached the penultimate cause of death. The Siddha

Scientists believed that as the origin of life was beyond the scope of the five senses, so the ultimate cause of dissolution would always be a mystery to man.

## RULES OF DISEASES UNDER KARMIC LAWS

Karmic theory is the post patent cause of the vitiation in the subtle body. All diseases under this head are the effects of previously existing causes, some originating from natural and some from spiritual causes. For such causes, the remedy lies in time alone, until the evil force, stellar and natural is exhausted and the law of universal justice is satisfied.

Again, there are hereditary diseases which, according to Siddha system, are said to be the result and actions of one in his previous birth or births, and in the evolutionary process some unrecognised conditions which induced in a parent the morbid tendency continues to act on the offspring; and the disease begins its appearance late in life. The etiology of such disease will be found mentioned in Karma Kandam.

So, Siddha system of medicine includes in it not only medicine but also Astrology, Magic, called ordinarily Mani, Mantram and Oushdam.

## CAUSES OF DISEASE

The causes of disease are due to the disturbance of the Doshas of Dhatus; and they are attributed to the internal and external causes. The internal cause is constitutional or Karma Yogas, springing up direct fro the disturbance of 1. Dhatus - the three humours. 2. Tissues - the seven Dhatus. 3. Gunas or quality - the guiding principles of mind. 4. Malas - the secretive and excretive wastes.

If the cellular tissues and the intercellular movement be normal, the said Dhatus will not be disturbed from their equilibrium and in order to prevent this, the nutrition must always be normal, apart from the surrounding environments. Failure in these respects will bring on diseases Karma Yoga and this has nothing to do with the function of the all or the intercells as mentioned above, because the tendency to this inherited disease exists in the very ovum and semen constituting the embryo. In normal development, certain organs under the influence of the respective stars manifest their inherited tendencies many years after birth and so, this disease may appear later in life.

When no reason could be assigned for the appearance of any disease it may also be concluded that the parents in whom some morbid tendency already existed, may be handed down to act on the offspring. No one can see when such tendency to disease begins it may be slowly gaining strength for generation according to the influence of the stars. So as already said, this disease has nothing to do with the action of cells of the body.

Now coming to external causes - It is chiefly due to  
1. Accident 2. Poisons 3. Hypnotic influence, or mental impulses  
4. Receiving injuries, wounds, cuts, drawing, atmospheric pressure etc.  
5. Mantrams 6. Occult happenings as by evil spirits.

Note : Disease as per old Siddha Chemical school are of five kinds  
1. By astral causes 2. By impurities and poisons 3. By the stoppage of the normal internal function of the body owing to morbid condition 4. By spiritual causes 5. By action of Karmic law.  
Disease arising from our thoughts are from spiritual causes and as such, this class includes all diseases induced and spiritual causes by evil wills from passions, disordered thoughts and morbid imaginations. The psychological, results follow, such as shame physiological blush, terror, paleness, fear causing diarrhoea, anger, envy, jaundice, melancholy abstractions violent emotions, apoplexy and spasm in all; but miscarriage malformation of foetus and hysteria in the other sex.

So, in psychological diseases of man under this head many diseases are brought about especially by the abuse of his own physiological powers, in consequence of which his functionary organs lose their strength and vitality and disease is the result.

### VATHA OR VAYU

Vayu is not mere wind but also that which causes motion energy and sensation of every cell in the body. Disproportionate Vatha is the cause of rheumatic disease. The nervous function of Vatha is respiration, circulation of blood, excretions, sensation of hearing, sight, taste etc. The colour blackness is attributed to vatha destroys atoms and it is all powerful nerve force and the vital force. The grossest manifestation of Vayu is attributed with the gunas of qualities, dryness, lightness, clearness, coolness, motion and subtlety. Its functions are imparting or motion, carrying the sensations of the various sense organs as Udana taking down the food through its proper receptacles, the separation of excretions from the assimilated food, the retention of the urine, semen etc.

Increase of Vayu is followed by roughness of the skin, black complexion, exaction, tremor of limbs, desire for hot things, loss of sleep and decrease of strength; whereas decrease of Vayu is marked by languor, shortness of speech, uneasiness, loss of consciousness etc. Its location is the lower region of the body. The function of Vatha lies in the nervous system.

Normally we inhale and exhale. The inhaled air after it is contained still in their receptacles the lungs, when it flows in joints, mingles and intermingles inside the system, produces heat and fire and over heat in the body; and when the whole is regulated evenly this function is called the Vatha i.e, the process of oxidation is being maintained in a normal state all over.

Vatha or Vayu causes diseases by abnormally increasing or

decreasing the vital activities through disorder of the nervous system.

Vayu does not imply 'wind' but it comprehends all the phenomena which come under the functions of the central and sympathetic nervous systems. A man of Vatha humour is generally weak and has lowered vitality and as such, can not have resisting power.

Notes : Vayu which is more potent and important than the other, not only imparts movement to every living cell in the body, but also discharge the waste and harmful matter in various ways. Its function also included those of the motor and sensory system and also for sustaining the five fold vital air in the body through respiration.

If vatha preponderates, diseases as rheumatism etc is the results, if bile is found in excess. Liver diseases come in and in cases of phlegm, lung diseases prevail. If any two are found in excess of the third other diseases will result and so on. If all the three are irregular then delirium is the result.

## **BILE**

Pitta is not merely the bile, but also the functions of Thermogenesis or heat production and metabolism comprehending in its scope, the process of digestion, colouring of blood and formation of various secretion as bile, gastric juice, pancreatic juice and excretion which are the results of tissue combustion. A man of bilious humour possesses average strength and age. It is the principle of heat deriving from the third element fire as life depends upon certain degrees of heat; and its function is to cause digestion and assimilation of the food or whatever taken into the system. Disproportionate Pitta leads to liver diseases. Pitta not only helps digestion, but also assimilation as mentioned above; and it produces chemical changes giving rise to heat and temperature

Redness i.e., fair complexion is attributed to bile, as involving from Rajas, Pitta creates atoms. It represents the all pervading circulating function.

The generative function that assists the process of reproduction, which is the detachment of a part endowed with the power of developing into an independent whole, is performed by this force pitta. It metamorphose the Rasa or the essence of assimilated food through a successive series of organic principles to the protoplasmic substance. It is said to be latent in serum, and blood, lymph, chyle, albumen etc., and in the organs of touch and sight, heat, keenness, lightness etc. are attributed to this manifested pittam. It supports the body with the supply of bodily heat, power of digestion, sight, thirst hunger, appetite, complexion, intellect, power of memory, smartness and softness of the body.

Symptoms of excited or distributed condition of Pittas-burning sensation, yellow complexion, perspiration, impurities, decrease of strength, yellowness of stools and urine, sleeplessness, decrease of bodily heat and impaired state of digestion etc.

Note : The function of Pitta lies in the circulatory system; Pitta thathwa means when the bile mingles with the heat in the system and the oxygenic prana Vayu runs direct throughout the system co-mingled with this, into the tissues and cell, the increasing heat and over heat produced, is being regulated to a normalcy all over the frame by disallowing the abnormality of oxidation if anywhere localised; this is called the function of Pitta.

Pitta causes diseases by causing disturbances or digestion, vascular or heat distributing mechanisms.

It also signifies the agent of metabolism which produces the bodily heat, digestion and oxidation. The term Pittam is applied to the metabolic processes in the organism as well as the fluid heat incarcerated in the secretions of the liver and gets with agent in the process of digestion.

## PHILEGE

Kapha is not merely Phlegm but also implies the function of Thermotaxis or heat regulation the formation of various preservative fluids as mucous synovia etc. A man naturally of plegmatic humour is naturally strong and long lived. This also called Slethmam which resides in the elements of earth and water. It causes the growth of the body and supplying nutrition to every living cell in the body. Disproportion of Phlegm leads to lung diseases. It lubricates and moistens the system and connects tissues and mucous membrances in the system. Whiteness is attributed to Kapham as envolving from Satwa, Kapha preserves atoms. It is the cohesive force connecting cell engrossing muscular energy. Kapham and Pittam are only transformation of the same energy. Vayu, And that Pittam is the positive heat of the body, but Kapha is only the negative heat or the covering principle which prevent the excessive effect of the bodily heat by means of its humidity; and keeps intact the difference component molecules; It supports the body with supply of power, of endurance, the development of organs, strength, smartness and coolness. Moreover, it is the function which regulates the material composition of the body determining its mass the balance of assimilation. It also fills the cellular spaces of the body holds them together in a kind of cooling cohesion and prevents the combustion that may otherwise be caused by organic heat. The qualities attributed to the manifested Kapha are whiteness, coldness, chilliness, heaviness of limbs firmness, smoothness etc. Symptoms of dearranged Kapha are whiteness of the skin, dullness, feeling of looseness of joints, excessive sleep etc. Its function lies in the sympathetic system.

Note : Slethma is the function when the biliary matter and fire after the Vatha and Pitta functions are fulfilled, commingly joins the residual water stagnated in the Vascular system and becomes assimilated; and one which i.e., when the perspiratory function

cannot be expelled out and when all the three together produce abnormality in the regulatory system produces an ailment long or large in either receptaculatory lungs and vesicles; this function is called Slethma; and the effect of this is the production or secretion of phlegm. Kapha causes diseases by freezing itself and obstruction the finer passages thereby causing disturbance of the lubricatory mechanism through derangement of the lymphatic system.

## THE PRINCIPLES AND METHODS OF TREATMENT

This is too big subject to be dealt with in a few words. At the sine quanon of proper treatment is of course proper diagnosis, particularly with a view to our Tridosha pathology. So, the physician has been enjoined to take note of the particular type of the disease the involvement of organs other than those directly affected, the climate, the strength and the power of digestion, the temperament of the patient, his age, habits of living etc. for purposes of correct diagnosis, and to decide upon the correct line of treatment; A physician ought to possess knowledge to enter the very innermost part of the patient, without which he can never treat the disease properly according to Siddhar's view.

The success of a physician is therefore due chiefly to this clear grasp of the derangement of humors and his selected and well considered treatment of that derangement according to well defined principles of Therapeutics. Without a knowledge of the said derangement, treatment would be unscientific and may lead to disaster.

It was already pointed out that treatment consists of three kinds, i.e., of Divine method, the rational method and surgical method but siddha system does not deal much with the surgical treatment as Siddhars are of opinion that all such surgical cases can as well be treated by the said other two methods.

Note : The principles of treatment come under three heads, 1. Chemical and metallic preparations. 2. Mantrams and Hypnotism amulets and other occult power. 3. Use of herbs and drugs for either relief or cure. In Siddha medicine, the chief preparations of medicine are generally made from herbs, acids, salts, infusion, animal food, metallic of poisonous extracts, parpams red oxides from mercury and metals as carbonate, sulphur, gold, silver, copper etc. The experience so gained are committed in their writings Whatever may be said in Siddha system, there is no denying the fact the even now the genuine practitioner of this system knows very well the secret of using mercury, arsenic and other powerful poisons, The specialities of the Siddhars are very potent remedies; and so, Practitioners should be scrupulously careful, special attention being paid to from the dosage, the diet, the vehicle or medium of medicine etc.

## **PINCIPLES AND METHODS OF DIAGNOSIS**

There are several ways of diagnosis through which diseases can be known. In the Siddha system the definite principle adopted in the diagnosing the disturbed Dathu individually or in combination with one or two of the remaining Dathu, is the application of the science of Pulsation. In order to ensure the diagnosis of the faults of the Dhatus, there are also additional tests adopted and they are body as while, voice, tongue, eye excreta, urine, external appearance of the patient, etc.

Further tests are also employed in the principles of Neerkuri (symptoms exhibited by gingelly oil dropped over the surface of urine of the patient) Naicheelai or Neercheelai and Manikkandai Nadi. The patient's daily habits in life, changes and symptoms which suddenly developed by him together with the predisposing factors such as sleeplessness state or digestion, appetite, sexual intercourse, exposure to sun or cold etc. Prior to disease, should be ascertained, without a clear knowledge of the internal root causes of a disease no proper diagnosis is possible.

It is therefore very essential to study beforehand what were the inward changes and the first visible outward manifestations. The last method of diagnosis is by putting a series of questions to the patient of doubtful points for purposes of verification. This is the comments in all systems and there is not likely to be any disease that would baffle these methods of diagnosis. Prognoses involves the investigations of various factors about the patient whether existing in his body or out side and also these factors which lead to the lowered state of resistance of natural vitality of the patients to be discovered in the various organs of the patients and his environments and so, it is an approximate estimate of the state of natural resistance, as it existed in the state of health or the individual or as it exists during the state of his illness. But diagnosis of the disease deals with the factors which enable the physician to recognise the disease fully and so, it is an approximate measure or estimate of the nature extent or violence of the disease through the derangement of the three humours of the system.

Note :-

1. Observation - observing smell, taste, features of facial expressions
2. Experiment - examination of sense, organs of urine, face and tastes; pulse and heart beat.
3. Questioning the patient on several points as regards duration of disease, his sufferings and habits in respect of food and drink and the digestion or indigestion, sleep, vitality and strength, the state of mind and mental troubles.

The Siddhars are of opinion that it is only spiritual knowledge endowed with inner vision that will enable a physician to diagnose a disease at sight and suggest forthwith remedies therefore. In order to enable a physician to learn more about the accessory factors or sign of the disease, more elaborate and expensive laboratory methods of the modern days, are not at all necessary as they would

only tend to leave the physicians quite in the dark, who judging as to the nature of the disease inside the body, which alone is really benefited from a therapeutical point of view, according to Siddha system. This is an important point to be noted in mind by those preferring to sail in the natural, essential and righteous path.

Therefore, the examination of the patients on these principles is the first duty in Siddha as well as Ayurveda physicians before he applied or employs any therapeutical remedy.

## SIDDHA SYSTEM OF TREATMENT

The treatment for diseases contemplated in general is mentioned in several Medical books. It is of various kinds and they are viz :-

1. The various kinds of treatment in general for men, women and children as mentioned below viz:-

1. Treatment based upon the principles of Karma. This can be treated with the aid of mercury, sulphur and arsenic - Karmic treatment.

Note : According to this Karmic Law, all diseases are effects of previously existing causes, some from natural and some from spiritual causes and in such cases, the remedy lies in time alone until the evil force, stellar and natural, is exhausted and the law of universal justice is satisfied.

Some chronic diseases such as Leprosy, Asthma, Consumption, Tuberculosis etc. are also attributed to Karma i.e., action of the previous birth, which coincides with constellation of stars at one's birth. In such cases horoscope should be consulted first before taking up for treatment of diseases as they fall under Divine method of treatment.

2. Treatments conducted by means of prayers, worship, fasting, charity and with the aid of Mantrams and other psychological, magical and magnetic processes enunciated by Tamil Siddhars.

3. Treatment based of the three humours of the human system. So, it is a general line of treatment that is usually adopted by the Hindu physicians - Humoural treatment.

Note : 1. This is known as spagiric treatment, which is the obsolete, semi - alchemistic system of practice established by Paracelsus in the Medieval Europe ( 1403-1541). It is therefore called Paracelsian system of medicine. There was also a school of medicine of the 17th century, which taught all phenomena of life and disease were based on chemical action according to the theory of Paracelsus who closely followed the Siddha System of medicine. They were called Iatrochemists.

The ancient Indians advanced scientific systematic knowledge in the synthetic chemistry of the Siddha School rather than "Indian Mystic school". This is now very much mistaken and very irreverently treated by the half-starved India himself. It is therefore very essential that this Siddha Chemistry should be read with the "History of the Chemistry of the Middle ages in Europe"

Note : 2. Although this Humoural theory which was in vogue during the Medieval period in Europe, now stands condemned owing to their perverted understandings, still it remains with great force in the Siddha system., The causes of all diseases or the pathological conditions of the human bodies are to be sought in the abnormal condition of the three varieties of material bodies or organised molecular masses or substances called Doshas viz:-

- (a) Vatha indicative of motion or molecular activity of high order.
- (b) Pitta indicative of chemical or ferment activity.
- (c) Kapha, indicative of stability or firmness.

4. Magnetic treatment by magnetic passes and mind suggestions - Psychological treatment.

Note : Disease may be cured by will-power; and however this may be disputed in theory by material reasoners, it is nevertheless accepted in practice by even the most sceptical practitioners of medicines. Even to day the Americans admire the treatment by Psychiatrists of disease which ordinary physicians cannot cure.

This is commonly called in the west as Suggestive therapeutics i.e., treatment by hypnotic suggestion. It is used to produce anesthesia and to influence the patient by means of suggestion while in the hypnotic state.

5. Treatment by ceremonial magic, such as up-rooting of herbs chanting of mantras, removal of sorcery, tying amulets, and adopting other occult measures for purpose of cure - Occult treatment.
6. Treatment by surgical method with the aid of instruments as knife, scissors, forceps etc. for purposes of operation - Surgical treatment.
7. Treatment by simple application of medicines according to natural and constitutional disorders giving rise to physical phenomena or pathological symptom - Medicinal treatment.
8. Preventive measures adopted towards the occurrence of diseases such as, influenza, small-pox, cholera etc. during the time of epidemics - Preventive treatment.
9. Treatment by resorting to purification of impurities in the body considering the congenital, or venereal and syphilitic disease, or other constitutional disorders in the system. It is generally done in cases of would-be parents for the purification of impurities in the ovarian and testicular secretaries considering the welfare of children; and also in the case of pregnant woman, to prevent the congenital defect - Antiseptic treatment.
10. Regulation of diet prescribed to patients suffering from all kinds of diseases especially fasting in cases, such as - dyspepcia,

diabetes, indigestion, diarrhoea etc., for certain days or periods as fixed by the physician in the course of treatment - Dietetic treatment.

Note : Diatetics in the broadest sense received great emphasis in Tamil Siddha Medicine and in the work of Siddhars special mention is made under each preparation as regards diet and regimen. Physicians differed widely in antiquity as they have at all times depended upon the relative importance of diets and drugs as therapeutic principles. We know that sick persons are greatly injured by too strong foods, but benefited and nourished by weaker food without any difficulty, for the reason that recourse to weaker food is known to have secured to great degree of safety. But if a man taken insufficient food, the mistake is as great as that of excess and harms the man just as much. Even in weaker food, one should see that the diet prescribed is particularly suitable to his constitution.

No doubt abstinence or starvation has upon the human constitution a most powerful effect in the case of sickly person. Even in acute disease, rice or barley gruel has rightly been preferred as a diet, but even in this case, they must not fast. At first, it is sufficient to administer a small quantity not over thick, just enough to satisfy habit and to prevent hunger. Those who are wont to eat two meals a day should take gruel twice and they may even take once more if it is thought necessary.

11. Treatment based on the doctrine that disease are curable by those drugs which produce effects on the body similar to the symptoms of the diseases (Similia similibus curantur) - Homeopathic treatment.
12. Treatment continuing to the system of principles towards the promoting of health and its preservation viz - complete rest to the body and mind, moderation in food and drink, restricted diet,

change of place and climate, touring etc. - Hygienic treatment.

13. Treatment which is mainly accomplished by the use of remedies. In this, the diagnosis, pulsation the determination of the nature of the disease, the disorders involved therein and the respective prescription thereof, with the dietetics etc., are carefully attended to without and defaults on the part of the physician-Phathological treatment.
14. That kind of treatment which affords only relief to pain and distress at the time but which does not attempt a cure - Palliative treatment.
15. A variety of mechanic massage by the systematic therapeutic friction, stroking, treading and kneading principally in the direction of the muscles of the body with the hands or feet with a medicated oil, under great pressure. Such a kind of treatment is given only in rheumatic complaints - Massage treatment.

Note : This is kind of treatment is very common in Malabar where the patient is laid to prostrate in a wooden tray and smeared with medicated oil and then treated upon.

16. A proprietary method of promoting the flow of sweat by covering the body and sitting before or exposing to the hot vapour or steam - Sudorific treatemnt.

Note : The cure-call-bath (Kunhy's treatment), steam bath, sand bath, hip bath, sub bath, vapour bath, medicated bath etc. fall under this head.

17. Letting of leech for sucking the impure blood in the system for curative purposes - Leech treatment.

Note : As a rule with regard to children it is advisable to employ small leeches and that, over some bone, against which pressure may be exerted to stop the bleeding.

18. Transfusion of blood from one person to another who is deficient

in blood - Venesection treatment.

19. A system in which medicine of opposite quality to that of the nature of diseases of the patient, it employed for curing diseases. This is the treatment generally followed by physicians - General treatment.
20. Treatment which is directed immediately to the cure of a disease, as in cases of cholera, wounds or injuries etc. - Active treatment.
21. That kind of treatment in which the diseases is left to its course and obly the symptoms treated as they arise or developed - Symptomatic treatment.
22. That kind of treatment in which is mainly directed to sustaining the strength of the patients as by giving tonic etc. - Supporting treatment
23. Treatment by introduction of aphrodisiac drugs for purpose of progressive secretion of semen with a view it excite the sexual to impulse for sexual congress. This is very common in the Unani system.

## II. Special Treatment for women :

24. Treatment of women suffering from disorders of menstruation such as, suspended flow or failure of the monthly course (Amenorrhoea), painful menstruation (dysmenorrhoea), excessive menstruation (Menorrhagea), and change of life i.e., natural cessation of menstruation (Menopause) etc.
25. Treatment of the uterus of womb in case of inflammation (acute or chronic), pain, displacement or falling of the womb (prolapsus), ulceration, congestion etc. - Womb treatment.
26. Treatment of woman for diseases in cases of child-birth such as- false pain, cross-birth, as presentation of the hand, or the feet or



face, or obstruction of the passage of after-birth, convulsions, laceration of the perineum, milk-fever, puerperal fever, pyaemia, swelling of the legs, puerperal mania etc.

III. Special Treatment given for children :

27. Treatment of new born babies and children and for diseases occurring to them viz - convulsion's ulcerated navel, night terrors, spasmodic croup; fever, purging, convulsion especially during the dentition period etc. - Children treatment.

The Rules to be observed in th Treatment of diseases viz :

1. All diseases are mostly increased by similars (Synergetics), and decreased by the reverse medicine (Antagonists)
2. The rational treatment by knowledge or experience consisting in the use of the remedy contrary tot he cause or contrary tot he disease or the actual pathological processes or contrary to both, should be adopted.
3. Diseases are only a state of excess or deficiency of the Tridoshas or Dhatus in the system.
4. The principle of the Homeopathy i.e., the mode of administering the same drug which caused the disease.
5. The use of incompatible drugs are likely to produce injurious or undesirable effects; and so drugs of opposite kind of actions are absolutely necessary.
6. The practitioner should bear in mind or previously determine the proper time for the use of a drug, the preliminaries of the preparations of th patient for a particular Karma, the therapecutical measures whether medicinal, dietetic or hygienic or climatic or seasonal or any other remedy that may be employed for the purpose.
7. All therapeutics should be employed according to the stages of

the diseases; but in those cases where there are indications or contra-indications of each Karma, special attention should be paid.

8. Diseases of unknown origin or names should be treated according to the nature of Doshas involved.
9. Diseases of produced by particular diet should be cured by the use of proper diet.
10. In surgical cases, foreign matter in the system is the cause of such cases. Even these may by cured by drugs, it not by operation.
11. No treatment should be commenced blindly without proper diagnosis i.e., the eight kind of examination contremplated in the Indian Medical Science. Absence or neglect of diagnosis is likely to be injurious to the patient.

## MEDICATED CAPSULES / TABLETS

### 1. AEROLIV CAPSULE / TABLETS

Protects from Jaundice, alcoholism of alcoholic addicts, toxicity, acidity, Gallstones and other diseases related to liver. It can also be taken with other medicines for best results.

For all liver disorders, jaundice, toxicant, acidity, Gallstone.

**Dosage :** 1 or 2 capsules twice / thrice a day. 2 to 4 tablets with water.

**Note :** Aerozyme & Chandanathi capsules can be taken with Aeroliv capsules for best result

### 2. AEROZYME CAPSULE / TABLETS

For indigestion, Gas troubles and abdominal distress. Gas troubles & Indigestion.

**Dosage :** 1 or 2 capsules twice / thrice a day. 2 tablets with HGoney mixed water.

**Note :** Aeroliv & Chandanathi caps can be taken with Aerozyme caps for best result.

### 3. AEROMESSIN CAPSULE / TABLETS

To regularise menstrual disorders (for primary & secondary amenorrhea, hypomenorrhea, Oligomenorrhea) It regularises the delayed mensus.

**Dosage :** 2 caps thrice a day in empty stomach. 2 tablets with water.

**Contra indication :** It should not be used while pregnancy.

### 4. A PILO HERB CAPSULE

For piles complaints - internal / external bleeding - non bleeding, fissure & fistula.

**Dosage :** 1 or 2 capsules twice / thrice a day.

**Note :** Aeroliv Tonic (or) Caps & Chandanadhi caps, Moolamirtham legiyam & Aeropile syrup can be taken for best result.

### 5. AEROSKIN CAPSULE / TABLETS

For eczema, psoriasis, swelling, itching, dry skin and all other skin diseases. For all skin diseases, dry skin, psoriasis, eczema.

**Dosage :** 1 or 2 capsules twice a day with milk. 2 to 3 tablets with Honey mixed water.

**Note :** (i) Aeroliv & Chandanadhi, Aruganpul Caps can be added for best result.

(ii) Apply Dermo herb ointment in affected area for Quick result.

### 6. ARUGANPUL CAPSULE / TABLETS

For blood purification, general health and skin disease.

**Dosage :** 1 or 2 caps twice a day before food with honey mixed water. 2 tablets with water.

### 7. BEPSONIL CAPSULE / TABLETS

For diabetes mellitus & normalises sugar level in blood in natural way.

**Dosage :** 2 capsules twice a day in empty stomach with more water. 2 tablets with hot water.

### 8. CHANDANADHI CAPSULE / TABLETS

For Urinary disorders, renal stones, heat due to travelling. It reduces the abnormal body temperature.

**Dosage :** 1 or 2 caps twice / thrice a day. 2 tablets with honey mixed water.

**Note :** Aeroliv caps can be taken for best result.

## 9. DIADYNIL CAPSULE / TABLETS

For Diarrhoea, Dysentery, Amoebiasis. It checks frequency of motions & relieves abdominal discomfort, painful, straining at stool. It arrests over bleeding from anus & uterus.

**Dosage** : 2 to 3 caps two to three times a day (to be continued for 7 days) 2 tablets with honey mixed water.

**Note** : Aeroliv, A piloherb, Chandanadhi caps can be taken for best result.

## 10. HERBO FEVEREX CAPSULE / TABLETS

For controlling fever with body pain, head ache. It reduces fever due to malaria, influenza and cold.

**Dosage** : 2 caps three times a day (to be continued for 7 days) 2 tablets with hot water.

**Note** : Rheumatigo, Vitoherb, Aeroliv & Chandanathi Caps can be added for best result.

## 11. HERBOSMA CAPSULE / TABLETS

For Bronchitis, Asthma, Wheezing cough, eosinophilia and cold.

**Dosage** : 1 cap three / four times a day. 2 tablets with honey mixed water.

**Note** : Aeroliv caps can be taken for best result.

## 12. HERBARJUNA CAPSULE / TABLETS

For Heart problems. It strengthens heart. It improves coronary circulation, tones up myocardium.

**Dosage** : 1 or 2 capsules twice/thrice a day. 2 to 3 tablets with water.

**Note** : Herboserpin, Aeroliv, Vitoherb caps can be added for best result.

## 13. HERBUTRIN CAPSULE / TABLETS

For Uterine troubles. It corrects ovarian, menstrual cycles, menopausal disturbances. It helps to attain Puberty.

**Dosage** : 1 or 2 capsules twice a day. 2 tablets with honey mixed water.

**Note** : Herbutrin syrup & Chandanadhi caps can be added for best result.

## 14. HERBOSERBIN CAPSULE / TABLETS

For normalising High Blood pressure. It corrects neurogenic disorders, Hypertension and nervous irritability.

**Dosage** : 2 caps twice a day. 2 tablets with Honey mixed water.

**Note** : Herbarjuna, Aeroliv, Herbobysity & Chandhandhi caps can be taken for best result.

## 15. HERBOBYSITY CAPSULE / TABLETS

For reducing excess weight & cholesterol. It normalises metabolism without any side effect.

**Dosage** : 2 capsules twice a day (for 12 weeks). 2 tablets with Hot water.

**Note** : Rheumatigo, Chandanadhi, Aruganpul caps can be taken for best result. While taking medicines Aravindh Nutrofood (Silm) may be taken as diet. Exercise will also help to reduce the excess weight.

## 16. RHEUMATIGO CAPSULE / TABLETS

For Rheumatism, Joint pain, Arthritis, Sciatica, Lumbago, Gout.

**Dosage** : 1 or 2 caps twice a day. 2 tablets with honey mixed water.

**Note** : Apply Rheumatigo oil on the affected area. Aeroliv, Vitoherb caps, Rheumatigo syrup can be added for best result.

## 17. VITOTHERB CAPSULE / TABLETS

For Nervous weakness, Vim, Vitality & for good sleep. It improves vitality after sickness.

**Dosage :** 1 or 2 caps twice a day. 2 tablets with honey mixed water.

**Note :** Aeroliv, Chandanadhi caps can be added for best result.

## 18. RASAGANDHI MEZHUGU CAPSULE

For Skin diseases, Insect bite, Blood impurity.

**Dosage :** 2 caps twice a day.

## 19. VALLARAI CAPSULE / TABLETS

For Nervous weakness. It improves memory power & blood purification.

**Dosage :** 1 to 2 caps 2 to 3 times a day. tablets with water.

## 20. AERO PIMPLE CAPSULE / TABLETS

For pimples, ache, block dots & discolouration of face.

**Dosage :** 1-2 caps twice a day. 2 tablets with water.

Note : Aravindh Herbo Green Ointment , Face pack powder can be applied on the affected area. Herbo bath powder should be used instead of soap / shampoo.

## 21. AEROLAX CAPSULE / TABLETS

For mild laxative, as regular use.

**Dosage :** 2 capsules at bed time with hot water. 2 tablets with water after food at night time.

## 22. ALCOGO CAPSULE

For recovering from alcoholic addiction. It cleans alcoholic poison.

**Dosage:** 2 caps should be taken after food twice a day.

**Note :** Aeroliv caps can also be taken for better results.

## 23. NEEMFORTE CAPSULE / TABLETS

To kill worms & useful for blood purification.

**Dose :** 1 to 2 caps twice a day, 2 tablets with water.

## 24. AEROFERR CAPSULE / TABLETS

To increase heamoglobin level in blood for all ages. It is also used for pregnant women. (Iron Capsule)

**Dose :** 2 caps twice a day, 2 tablets with honey mixed water.

## 25. AEROWART CAPSULE / TABLETS

For eradication of warts & Protuberance.

**Dosage :** 1 to 2 caps thrice a day. 2 to 3 tablets with water

**Note :** Dermo herb ointment can also be applied on the affected area.

## 26. TONSIL CAPSULE / TABLETS

For Tonsils & Throat infection.

**Dosage :** 1 or 2 caps twice a day. 2 tablets with Hot water.

**Note :** Aerosept caps can also be taken for best result.

## 27. AEROCAL CAPSULE / TABLETS

For calcium deficiency for all ages. It is also used for pregnant women.

**Dosage :** 1 to 2 caps three times a day. 2 tablets with honey mixed water.

## 28. POISONIL CAPSULE / TABLETS

For all type of poisons & bites

**Dosage :** 1-2 caps 3 to 6 times a day. (to be continued for 7 days) put capsule power below the tongue for immediate relief. 2 to 3 tablets with honey mixed water.

**Note :** Aeroliv Caps can also be taken for best result.

## 29. AEROSINUS CAPSULE / TABLETS

For sinus trouble, Head ache & Sneezing.

**Dosage :** 1 to 2 caps three times a day. 2 tablets with Hot Water.

**Note :** Herbosma caps can be taken for best result. Pinisa Thylam or Nochi Thylam may be applied externally.

## 30. ASWAGANTHA CAPSULE

For nervos weakness and general health. (made from Aswagantha root, i.e. Indian Ginseng)

**Dosage :** 1 to 2 caps three times a day.

## 31. HYBISCUS HAIR CARE CAPSULE / TABLETS

For premature grey hair, dandruff. It gives long & healthy hair.

**Dosage :** 1 to 2 Caps three times a day. 2 to 3 tablets with milk.

**Note :** Hibiscus Hair oil can also be used externally.

## 32. STRESSNIL CAPSULE / TABLETS

To relieve body & mental stress. It gives mental relaxation.

**Dose :** 1 to 2 caps twice a day. 2 tablets with honey mixed water.

**Note :** Aswagantha caps can also be taken for best result.

## 33. B.L. PURE CAPSULE / TABLETS

For Blood purification.

**Dose :** 1 or 2 caps twice a day. 2 tablets with Honey mixed water.

## 34. PAINEX CAPSULE / TABLETS

To relieve muscle pain & bone fracture pain. It is a pain reliever.

**Dose :** 1 or 2 caps thrice a day. 2 tablets with water.

**Note :** Rheumatigo oil can be applied externally, Alambal Thylam can be applied externally for bone fracture.

## 35. AEROCORN CAPSULE / TABLETS

To eradicate corns.

**Dosage :** 1 or 2 caps twice a day. 2 tablets with hot water.

**Note :** Dermo herb ointment can be externally applied.

## 36. THYROIDINIL CAPSULE / TABLETS

To regularise the functional activities of thyroid gland in Hypothyroid.

**Dosage :** 1 to 2 caps thrice a day. 2 tablets with hot water.

## 37. CANSURE CAPSULE / TABLETS

For early stage of cancer, Fibroma, ulcer, tumour, cyst.

**Dosage :** 1-2 caps times a day. 2 to 3 tablets with water.

**Note :** Aeroliv, Chandhanathi, Vito herb capsules can be taken for best results.

## 38. HERPROTEIN CAPSULE / TABLETS

For compensating protein deficiency for all ages.

**Dosage :** 1-2 caps twice a day. 2 to 3 tablets with honey mixed water.

## 39. SLEEPWELL CAPSULE / TABLETS

It promotes good sleep without any side effect.

**Dosage :** 2 caps a day, 2 hours before bed time. 2 tablets with milk.

#### 40. BEGINNING DOSE CAPSULE / TABLETS

This capsule will be taken first taking medicine for any disease.

**Dosage :** 2 caps twice a day. 2 tablets with honey mixed water.

#### 41. TOBANIL CAPSULE / TABLETS (or) AVURI KARPAM CAPS

To eradicate poison due to Tobacco consumption.

**Dosage :** 1 to 2 capsule three times a day. 2 tablets with water.

#### 42. AEROSEPT CAPSULE / TABLETS

Used as an antiseptic for all ailments.

**Dosage :** 1 to 2 caps thrice a day. 2 tablets with honey mixed water.

#### 43. BONE AID CAPSULE

For Bone fracture setting and gives strength to the Bones.

**Dose :** 1 to 2 caps three times a day. 2 tablets with milk.

**Note :** Aerosept and Painex capsules can be taken for best results. Alampal thylam can be applied on the affected area.

#### 44. NEOGARA CAPSULE / TABLETS

For Sexual weakness, premature ejaculation, lack of sperm count & loss of vitality.

**Dose :** 1 to 2 capsules twice a day. 2 to 3 tablets with milk.

#### 45. THULASI KARPAM CAPSULE / TABLETS

For all sorts inflammation.

**Dose :** 1 to 2 capsules 3 to 4 times a day.

\* **Packing :** All capsules are packed in 30s, 50s, 100s and 10 x 10 blisters

# LEGIYAM

(Medicated Semi Solid Liquid)

### 1. ASWAGANTHI LEGIYAM

To strength nerves & maintains general body health.

**Dosage :** 3 to 5 Gms 3 times a day after food.

**Note :** Aswagantha, Vitoherb capsule can be taken for best results.

### 2. MOOLAMIRTHAM

For all types of piles, fissure & fistula.

**Dosage :** 3 to 5 Gms 2 to 4 times a day after food.

**Note :** Diadynil, A Pilo herb capsules can be taken for arresting bleeding.

### 3. SOUBAGHYA SUNTHI LEGIYAM

For increasing mother's milk and given good health to mother & child.

**Dosage :** 5 to 10 Gms 3 times a day for 2 to 3 months.

**Note :** Mumtone caps can be added for increasing mother's milk.

### 4. INJI LEGIYAM

For indigestion, vomiting sensation, tasteless in tongue.

**Dosage :** 3 to 5 gms three times a day before food.

### 5. KAYAKALPAM LEGIYAM

For nervous weakness & it improves General health after sickness.

**Dosage :** 3 to 5 gms 2 times a day after food.

**Note :** Vito herb capsules & Gold pills can be added for best results.

## 6. KADUKKAI LEGIYAM

A safe herbal remedy for Constipation, Gas trouble and ulcer.

**Dosage :** 3 to 5 gms a day before time.

## 7. KARUNAI LEGIYAM

For all types of Piles.

**Dosage :** 3 to 5 gms three time a day.

**Note :** APilo herb, Chandanadhi caps can be added for best results.

## 8. KANDANKATHIRI LEGIYAM

For Cough & Respiratory diseases at cool climate.

**Dosage :** 2 to 5 gms 3 to 4 times a day with warn water.

**Note :** Herbosma capsules, Herbex syrup can be taken for best results.

## 9. MATHUMEGA LEGIYAM

For diabetes mellitus, General Weakness, Over thirsty and joint pain due to diabetes.

**Dose :** 3 to 5 gms three times a day after food.

**Note :** Bepsonil caps can be taken for best results.

## 10. MAHAVALLATHI LEGIYAM

For skin diseases & blood purification.

**Dose :** 2 to 4 gms 2 times a day after food, to be continued for 40 days.

**Note :** Aeroskin, Rasaganthi Melugu, Aruganpul caps can be taken for best results.

## 11. NELLIKKAI LEGIYAM

For Cough & Billousness. It is a general health medicine for all ages.

**Dosage :** 4 to 8 gms three times a day.

## 12. SARAPUNGA VILVATHI LEGIYAM

For Skin diseases & Billousness. It reduces the excess body heat.

**Dosage :** 3 to 5 gms 2 to 3 times a day.

## 13. THUTHUVALAI LEGIYAM

For Cough & Lungs diseases.

**Dosage :** 2 to 5 gms three times a day with warn water.

## 14. THETHANKOTTAI LEGIYAM

For piles, Gonorrhoea, It is a general health medicine & blood purifier.

**Dosage :** 3 to 5 gms three times a day.

## 15. THIPPILI LEGIYAM (or) RASAYANAM

For Ulcer, Gas Trouble, Cold, Cough.

**Dosage :** 2 to 4 gms three times a day.

## 16. VELLAIPOONDU LEGIYAM

For reducing cholesterol, Gas trouble, indigestion.

**Dosage :** 2 to 4 gms twice a day.

## 17. VANKUMARI LEGIYAM

For Veneral diseases, Cough, Cold, Lungs diseases, Fever & Rheumatic diseases and General health tonic.

**Dosage :** 1 to 3 gms twice a day after food.

### 18. VALLARAI LEGIYAM

For increasing memory power & purification of blood.

**Dosage :** 3 to 5 gms a thrice a day.

### 19. VENPOOSANI LEGIYAM

To reduce body's over heat and it is general nervine and health medicine.

**Dosage :** 3 to 5 gms thrice a days.

### 20. PANJADEEPAKNI LEGIYAM

For gas troubles & indigestion, general body weakness, Body pain, vomiting fever.

**Dosage :** 3 to 5 gms twice a day, (to be continued for 40 days)

### 21. BILVATHI LEGIYAM

For Cough, Vomitting, Loss of appetite.

**Dose :** 3 to 5 gms twice a day

### 22. THIRIKADUGU LEGIYAM

Flatulence, stomach Disorders, Stomach problems and Rheumatic Diseases.

**Dose :** 3 to 5 gms twice a day.

### 23. PERUNGAYA LEGIYAM

For Gas troubles, Rheumatic problems.

**Dose :** 3 to 5 gms twice a day.

### 24. AMITHA SANJEEVI LEGIYAM

For T.B., Urinary Calculi.

**Dose :** 3 to 5 gms twice a day.

### 25. KANDASTHIRI LEGIYAM

For Bilioussness, Gas Troubles & stomach diseases.

**Dosage :** 3 to 5 gms twice a day.

### 26. IMBURAL LEGIYAM

For blood vomiting, blood cough, blood dysentery.

**Dosage :** 3-5 gms twice a day.

**For Children :** 1/2 of the doses mentioned above.

**Packing :** 125, 250, 500 gms.

### 27. SATAVARI LEGIYAM

To improve lactation, aeduces body heat strengthens the Uterus, Controls nocturnal emission, Spermettorthoea.

**Dosage :** 3-5 gms twice a day.



# THAILAM

(Medicated oil for external Use)

## 1. HYBISCUS HAIR TONIC

For long, healthy, black hair.

**Usage :** Apply sufficient quantity of oil on head, after taking bath.

**Note :** Hibiscus hair care caps can be taken for best results.

**Packing :** 100 ml, 200 ml, 400 ml.

## 2. RHEUMATIGO THAILAM

For Rheumatism, Joint Pain, Arthritis.

**Usage :** Warm the oil and apply on the painful area.

**Note :** Rheumatigo caps may be taken for best results.

**Packing :** 100 ml, 200 ml, 400 ml.

## 3. ARUGAN THAILAM

For all types of skin diseases.

## 4. KARPURATHI THAILAM

For Rheumatic pain, cold, Head ache, body pain & Head pains.

## 5. ARAKKU THAILAM

For Head Ache & Fever.

## 6. A.V.T. PAL THAILAM

For Psoriasis & Skin diseases.

## 7. ALAMBAL THAILAM

For Bone Fracture.

## 8. CHIRATTAI THAILAM

For all type of skin diseases & Leucoderma

**Note :** Mix this oil with equal quantity of coconut oil & apply on the affected area.

## 9. CHANDHANATHI OIL

For Sweating Odour, Impotence, Pruritis, It reduces the body heat.

## 10. CHUKKU THAILAM

For Head ache, Cold & Sinus, ear pain.

**Note :** For Rheumatic pain, apply this oil on the affected area. For ear pain, 2 to 3 drops of this oil should be applied in the ears. For tooth pain, Oil will be mixed with warm water & should be Gargled twice a day. For sinus, Head Ache apply oil in each Nose 2 to 3 drops.

## 11. CHEERAGAM THAILAM

For Bilioussness & Head Ache.

## 12. HERPINDA THAILAM

For Joint pains, swelling motion & injuries.

**Note :** Heat the Oil & apply on the affected area.

## 13. KAIYAN THAILAM

For Cough, Fever & Biliouss Head ache.

## 14. KARAPPAN THAILAM

For Urticaria, Eczema & other skin diseases.

**Note :** 2 to 3 drops with milk can be taken internally at early morning for one week and also apply externally.

## 15. KAYATHIRUMENI THAILAM

For Sciatica pain, sprains & muscles cramp.

## 16. KURUNTHOTTI THAILAM

For shoulder pains & Sciatica pain.

## 17. LAGUVISHAMUSTI THAILAM

For Rheumatism & Joint Pains.

## 18. MATTHAN THAILAM

For skin & ear diseases.

## 19. NOCHI THAILAM

For Respiratory diseases & body pain.

## 20. PONNANGANNI THAILAM

For Biliousness & all Eye Diseases.

## 21. PINISA THAILAM

For Head ache, Cold & Sinus.

**Note :** 2 to 3 drops will be applied in each nose for 4 days.

## 22. PUNGA THAILAM

For skin diseases, Septic wounds.

## 23. PULUVETTU THAILAM

For premature Hair falling & Baldness due to fungal infection.

## 24. SUGA BETHI THAILAM

For Gas Trouble & Constipation.

## 25. ULUNDHU THAILAM

For Nervous disorders & Strengthens muscles membrane.

## 26. VENPULLI THAILAM

To eradicate white patches on the skin.

**Note :** Oil should be applied on affected area. Sun rays should be fallen for few minutes.

## 27. VAATHAKESARI THAILAM

For Rheumatic pain & early stage paralysis.

## 28. MENI THAILAM

For Intestinal Worms & fistula.

## 29. KALARCHI THAILAM

Scrotal swelling, Hydrocele, intestinal obstruction & useful in Laxative.

**Dose :** Heat 3 to 5 ml oil & should be taken at morning only internally.

## 30. NASIROGA NASA THAILAM

For all types of Sinus.

**Dose :** 5-10 ml may be taken internally & will be applied externally.

## 31. INJI THAILAM

Body pain, Ear Ache, Sinusitis.

**Dose :** 5-10 ml may be taken internally & will be applied externally.

## 32. LAVANGATHI THAILAM

T.B., Cough, Abdominal disorders.

### 33. KULIRCHI THAILAM

For Fever, Body heat. External application .

**Dosage :** Sufficient Quantity.

### 34. THULASI THAILAM

For cough and Cold.

**Dosage :** 3-5 drops internally with hot water (some)

### 35. KEELANELLI THAILAM

For Jaundice, Vomitting Giddness.

**Dose :** 5 to 10 drops can be taken internally for 7 days.

**\*Packing :** Thailams are packed in 100 ml, 200 ml, 400 ml.

### 36. MAYANA THAILAM

**Indication :** Rhematic diseases, arthritis, paralysis, muscular pains, nervous debility and swellings, Used externally only.

**Dosage :** Sufficient quantity as required.

### 37. NILIBHIRUNGATHI THAILAM

**Indication :** To Promote hair growth, premature graying to treat split hairs, itching as dandruff in the scalp. External application.

**Dosage :** Sufficient quantity as required.

### 38. KESHKALA THAILAM

**Indication :** To treat the central, Nervous system disorders, arthritics and unsomnica. General debility.

Muscle weakness, External Application.

## PARPAM

(Oxides of metals, minerals & Others)

### 1. AMAI ODU PARPAM

For indigestion, Diarrhoea to children due to acidity.

Dose : 100 to 200 mg with Honey or Cow's Milk.

### 2. GANDHAGA PARPAM

For Gonorrhoea & skin Diseases.

Dose : 25 to 50 mg with Ghee of Butter.

### 3. KUNGILIYA PARPAM

Veneral diseases, inflammation of the urinary tract & dysentery.

Dose : 200 to 500 mg with Ghee or tender cocount.

### 4. PADIKARA PARPAM

For scanty & burning of urination, dysmenorrhoea.

Dose : 200 to 300 mg with Ghee or butter.

### 5. SIRINGI PARPAM

For earlier stage T.B, Bilousness, Chest pain.

Dose : 200 to 300 mg with Ghee or butter.

### 6. SILASATHU PARPAM

Body weakness, dullness & Urinary Diseases.

Dose : 50 to 100 mgs. with Ghee or Butter.

### 7. VENKARA PARPAM

For leucorrhoea & urinary infection.

Dose : 200 to 300 mg with Butter or tender coconut.

\* PARPAMS Will be taken 2 times a day.

For Children : 1/2 of the doses mentioned above.

Packing : Parpams are available in 10, 50 gms Packing.

## 8. THANGA PARPAM

For vims vitalities, Rejuvenation, apeodsiacerectile dysfunction.

Dose : 15-50 gm one or twice a day.

# CHENDOORAMS

(Sulphides of metals & minerals)

## 1. ANNABETHI CHENDOORAM No. 1

For Accumulation of fluid in tissues, swelling, Anaemia & Jaundice.

**Dose :** 100 to 200 mgs with Honey.

## 2. ANNABETHI CHENDOORAM No. 2

For Jaundice & Excessive menstruation.

**Dose :** 100 to 200 mgs with Honey.

## 3. AYAKANTHA CHENDOORAM No. 1

Accumulation of tissues and swelling.

**Dose :** 100 to 200 mgs with Ghee or Honey.

## 4. AYAKANTHA CHENDOORAM No. 2

For Anaemic

**Dose :** 100 to 200 mgs with Ghee or Honey.

## 5. AYA CHENDOORAM

For Anaemia and General weakness.

**Dose :** 100 to 200 mgs with Honey or Ghee

## 6. CHANDAMARUTHA CHENDOORAM

For Hemiplegia, Paralysis & Arthritis.

**Dose :** 50 to 100 mgs with Honey, Ginger decoction, Thirikadugu Chooranam.

## 7. GOWRI CHINTHAMANI CHENDOORAM

For difficult in digestion, fever, Insect Bite, Piles & Rheumatism.

**Dose :** 100 - 200 mgs with Honey, Thirikadugu Chooranam (to be continued for 40 days)

## 8. LINGA CHENDOORAM

For fever due to Vatha & Kapha.

**Dose:** 50 to 100 mgs with Honey.

## 9. LINGA CHENDOORAM

For Diabetes Mellitus, Dullness, Weakness, Cold & Cough

**Dose:** 50 to 100 mgs with Honey or Ghee.

## 10. MANDORA CHENDOORAM

For Jaundice, Anaemic, Hiccough.

**Dose:** 50 to 100 mgs. with Honey and Thirikadugu Choornam.

## 11. PADIKALINGA CHENDOORAM

For Diarrhoea, Dysentery & painful menstruation.

**Dose:** 100 to 200 mgs. with Ghee or butter.

## 12. POORNA CHANDRODHAYAM

For Asthma, It is a nervine, General health medicine.

**Dose:** 100 to 200 mgs with Honey / Karpurathi Choornam.

## 13. PADIKARA CHENDOORAM

For Diarrhoea, Dysentery & Painful menstrual bleeding.

**Dose:** 200 to 400 mgs with Butter / Ghee.

1. **Dosages for Children:** 1/2 of the doses mentioned above.
2. Chendooram will be taken twice a day.
3. Chendooram are available in 10, 50 gms packing.

# KARUPPU

## 1. KASTHURI KARUPPU

For Wheezing & Respiration disorders.

**Dose:** 50 mgs twice a day with Honey.

## 2. SIVANAR AMIRTHAM

For Leprosy, Piles & Convulsion.

**Dose:** 100 to 200 mgs with Honey, Avoid Salt & Tamarind in diet, during treatment.

**Packing:** Both the above medicine are available in 10 gms packing.

**Dosage For Children:** Half of the doses mentioned above.

# CHUNNAM

(Medicated Powder)

## 1. VEDIYUPPU CHUNNAM

For scanty micturation of Urine & urinary calculus.

**Dose:** 100 to 200 mgs with milk or tender coconut, twice a day.

**Dosage for Children:** 1/2 of the dose mentioned above.

**Packing:** Chunnam is available in 10 gms packing.

# MATHIRAI

(Tablet)

## 1. BALA SANJEEVI MATHIRAI

For Piles, Biliousness & Cough.

**Dose:** 1 to 2 tablets with Honey or water.

## 2. KUNGUMAPOO MATHIRAI

For Inflammation, Cold & constipation and excessive sweating.

**Dose:** 1 to 2 tables with Honey.

### 3. MEHANATHA KULIGAI

For fever with constipation, Intestinal Worms, Anaemia and as a laxative in colic.

**Dose :** 2 to 4 tablets with ginger decoction, To control purgation, Give more butter milk.

### 4. MAHAYELADHI KULIGAI

For Dropsy, hoarseness of voice, urinary calculus & fever.

**Dose :** 1 to 2 tablets with milk or tender coconut or fruit juice. To get sweet voice, it will be taken for 7 weeks.

### 5. MURKKAN VIDHAI MATHIRAI

For Calculus, Intestinal Worms, It is a purgating medicine.

**Dose :** 1 to 2 tablets with sugar mixed water or palm jaggery.

### 6. NEERKOVAI MATHIRAI

For Cold & head ache due to cold.

**Dose :** Mix with hot water and apply externally.

### 7. SUWASAKUDORI MATHIRAI

For Spasmodic & Cough

**Dose :** 1 to 2 tablets with Thalisa Pathiri Water.

### 8. VENKARA MATHIRAI

For Indigestion & Constipation.

**Dose :** For constipation 1 tablet with castor Oil, For Dyspepsia 1 tablet with water.

### 9. VASANTHA KUSUMHARAM

For acute fever, urinary diseases. It is a general health medicine.

**Dose :** 2 to 4 tablets with honey, Ginger water or milk.

### 10. CHANTHANA MATHIRAI

For body excess heat and Urinary burning.

### 11. VATHA RASASAN MATHIRAI

For Rheumatic ailments.

**Dose :** 1 to 2 tablets with honey.

### 12. KABADA MATHIRAI

For piles, abdominal disorders.

**Dose :** 1 to 2 tablets with milk or water.

### 13. MAHAA VASANTHA KUSUMAAKARAM MATHIRAI

Indications :

Disease	Adjuvant
Indigestion	- Decoction of lesser galangal and ginger.
Rheumatism	- Withania powder.
Coughs	- Ginger juice.
Bronchitis	- Long pepper and turmeric decoction
Tuberculosis	- Chebulic myrobalan, Clove and salt Decoction.
Fevers	- Black pepper and sugar powder
Bilious indigestion	- Ghee.
Emaciation	- Clearing nut powder.
Swellings	- Wood apple.
Piles	- Lead wort decoction.
Diabetis	- Tinospora starch.
Urinary obstructions	- Cucumber seeds, gypsum and sugar.
Diarrhoea	- Wood fordia flower decoction.
Amoebiasis and chronic diarrhoea	- Poppy seeds powder.

Stomach ache	- Emblic myrobalan and turpith root powder.
Hypoacidity	- Long pepper and rock salt powder
Anaemia	- Three myrobalans powder.
Janundice	- Wedelia leaf paste.
Leprosy	- Psoralea seed.
Chest Pain	- Alumn powder.
Colic	- Barley ash.
Delirium	- Negundo and ginger decoction.
Amenorrhoea	- Tellicherry seed & clove powder.
Numbness	- Buffalo milk.
Lunacy	- White clitoria flower juice.

**Dose:** 1 pill with suitable adjuvant.

### 13. PACHAI KARPOORA MATHIRAI

**Indications:** All fevers and deranged 'dosham's.

**Dose:** 1 to 2 pills with ginger juice.

### 14. SANJEEVI MATHIRAI

**Indications:** Give with nutmeg powder in piles. Given with time juice in poisonous bites. Taken ginger in gastritis. Taken with negundo juice in colic. Given with goat milk in tuberculosis.

**Dose:** 1 to 2 pills.

### 15. KOROCHANAI MATHIRAI

**Indication:** Delirium and decreases in body temperature due to vitiated bile. Given to children in fever. Used black betel juice or breast milk.

**Dose:** 1 to 2 pills.

### 16. KASTHOORI MATHIRAI

**Indications:** Delirium and decrease in body temperature due to vitiated bile. Given to children in fever. Used with black betel juice or breast milk.

**Dose:** 1 to 2 pills. Repeat if required.

## VENNAI

### 1. AMIRTHA VENNAI

For Piles & boils.

**Dose:** External application.

**Packing:** 50 gms in plastic container.

### 2. KUNGILIA VENNAI

For Gonorrhoea, burns & ulcer.

**Dose:** 5 to 10 gms to be taken internally and may also be applied externally.

**Packing:** 80 gms in plastic container.

## MEZHUGU

(Mercury Sulpha Drugs)

### 1. IDIVALLATHI MEZHUGU

For piles, boils & Rheumatic Diseases.

**Dose:** 200 to 500 mgs with palm jaggery / twice a day. Aviod salt in diet.

### 2. KUNMA KUDORI MEZHUGU

For indigestion, uterus pain and colic.

**Dose:** 1 to 2 gms with water / twice a day.

### 3. MALAKUDARA MEZHUGU

For constipation & loss of appetite.

**Dose:** 5 to 10 gms with milk or Hot water before bed time.

#### 4. NANDHI MEZHUGU

For Dyspepsia, insect bite, fever, Fistula, Cancer.

**Dose:** 250 to 300 mgs with palm jaggery, twice a day.

#### 5. RASAGANDHI MEZHUGU

For Skin diseases, piles & Rheumatism.

**Dose:** 1/2 to 1 gm with palm jaggery, twice a day after taking curd rice. (to be continued for 40 days)

#### 6. VAAN MEZHUGU

Delirium, tuberculosis, leprosy, colic, dymenorrhoea, ascitiis, scrofula, paralysis and diabetes.

**Dose:** 100-200 mg. with palm jaggery.

**Packing:** 10, 100 gms.

## MANAPPAGU

(Oral Liquid)

#### 1. MADHULAI MANAPPAGU

It is natural iron & calcium tonic for all ages & pregnant women. It is useful for indigestion also.

## SYRUPS

(Medicated liqued medicine)

#### 1. AEROLIV SYRUP

For all liver diseases, Jaundice, Alcoholism of afficts, Toxicity, Acidity and Gallstone.

**Note:** Aeroliv capsules can be added for best results.

#### 2. AEROPILE SYRUP

For internal / external piles. (with or without bleeding) Fissure & Fistula

**Note:** A Pilo herb caps can be taken for best results.

#### 3. HERBUTERIN SYRUP

In strengthens Uterine.

**Note:** Herbuterin capsules can be added for quick results.

#### 4. HERBEX COUGH SYRUP

For Cough, Bronchitis, Asthma, Wheezing & Cold.

**Note:** Herbosma caps can be taken for best results.

#### 5. VITASWA SYRUP

For Nervous disorder & General weakness.

**Note:** Aswagantha Caps can be added for best results.

#### 6. RHEUMATIGO SYRUP

For Rhematism, Joint pain and Arthritis.

**Note:** Rhematism, Painex caps can be taken

## BALM

(Medicated Oinment)

#### 1. AERO BALM

For Body pain, Head ache, Cold & Sinus.



## 2. HERBO GREEN OINMENT

For Boils, Wounds and fungal infection on skin.

## 3. DERMO HERB OINTMENT

For patches on the skin & veneral stores.

## 4. CRACK CURE

For cracks in the foot.

## 5. BALDINIL CREAM

For temporary baldness.

**Dosage** : External applications.

**Packing** : 15 gms.

## DROPS

(Medicated Drops)

### 1. TOOTH DROPS

For Tooth ache.

**Note** : Apply tooth drops in affected area with cotton.

### 2. EAR DROPS

For Ear pain & infection.

**Note** : 2 to 5 drops to be applied in ears with cotton.

### 3. EYE DROPS

For Eyes burning & Conjuctivities.

**Note** : 2 to 4 drops 2 times in eyes.

**Packing** : 10 ml containers.

## POWDERS

### 1. ARAVINDH BRINDHA TOOTH POWDER

For dent al care & stronger gums, It may be used as a regular tooth powder.

### 2. ARAVINDH RED TOOTH POWDER

For tooth ache, decay and bad breath.

**Usage** : take sufficient quantity of powders & rub on teeth with finger and use tooth brush if needed.

**Packing** : 50, 100 gms in plastic containers.

## HERBAL TEA

### 1. ARAVINDH HERBAL DRINK

For digestion, freshness and it is a general health drink for all ages. It can be used instead of coffee and tea.

**Usage** : Mix 2 tea spoonful powder with water & boil it for few minutes. Now the delicious health drink is ready to use.

**Packing** : 400 gms packing (sugar added) 25 gms packing (with out sugar for diabetic patients)

**Note** : We are providing Herbal Tea vending machine.

## HERBAL CANDY

### 1. THUTHUVALAI CANDY

For Cough & Cold poison due to tobacco consumption.

### 2. VALLARAI CANDY

For improving memory powder & General Health.

\* **Usage** : 5 to 10 candies per day.

**Packing** : 10s in refil packing, 200s in refill / per jar packing.

## ANTILICE POWDER

### LICEOL POWDER

For killing lice. It strengthens hair.

**Usage:** Apply on head throughly with butter milk.

**Packing:** 50 gms in plastic container.

## FACIAL POWDER

### ARAVINDH FACE PACK

For pimples, Black dot & Face discolouration.

**Usage:** Apply on face with Rose water.

**Packing:** 50 gms in plastic container.

## GOLD PILLS

### ARAVINDH GOLD PILLS

For Vim, Vitality (Sexual Night Pills)

**Dosage:** 1 pill 2 times a day.

**Note:** Vito herb and Neogara caps may be taken for best results.

**Packing:** 10s, 40s & 100 in plastic Box.

## SARPATHS

### 1. HYBISCUS SARBATH

For Heart problems, blood purification and general health tonic.

### 2. VILVAM SARBATH

For Indigestion, Gas trouble and stomach ailments.

### 3. THUTHUVALAI SARBATH

For Cough & Cold.

### 4. NANNARI SARBATH

For reducing blood pressure, burning of Eyes, body heat & general health drink.

### 5. VALLARAI SARBATH

For improving memory power & general health.

### 6. SANTHANA SARBATH

For Piles & Venereal diseases.

### 7. THAMARAIPPOO SARPETH

It regularises Heart functions, Constipation, piles, body overhead.

### 8. ELUMICHA SARBATH

For refreshness & Bilousiness.

### 9. MATHULAMPAZHA SARBATH

For Iron deficiency, Bilioussness, Body excess heat.

**Dosage:** Mix 20-25 ml Sarbath with cool water to make delicious natural health drink.

**Packing:** 750 ml in pet bottles.

## GRIPLE WATER

### BABY GRIPLE WATER

For Indication & stomach ailments of babies.

**Usage:** 5 to 10 ml with water 2 to 3 times a day.

**Packing:** 100 ml.

## NUTRO FOOD

### NUTRO FOOD

It contains sprouted Cereals, Pulses which gives good health for all ages.

**Usage:** Boil 20 gms Nutro food with 100 ml water to prepare healthy food.

**Packing:** 500 gms & 1 kg packing in pet Jar (Sugar added) 500 gms, 750 gms packing (without sugar)

## HERBAL JAM

### ALOE JAM

It is a tastier Jam made of Aloe vera to reduce body heat piles & useful for general health.

**Packing:** 250 gms in plastic container.

## CHOORANAM

(Medicated Power)

### 1. AMUKKARA CHOORANAM

For Gonorrhoea, Venereal diseases, It strengthens the nervous systems.

**Dose:** 1/2 gms with Honey or warm water twice a day.

### 2. AKKINI CHOORANAM

For indigestion & stomach disorders.

**Dose:** 1/2 to 1 tea spoon full 2 to 3 times a day.

### 3. ASTA CHOORANAM

For Gas trouble, diarrhoea due to indigestion.

### 4. NILAVARAI CHOORANAM

For constipation & flatulence.

**Dose:** 3 to 5 gms with Hot water at bed time.

### 5. PANCHADEEPAKKINI CHOORANAM

For Biliousness, indigestion & loss of appetite.

**Dose:** 3 to 5 gms with water before food.

### 6. PARANGIPATTAI CHOORANAM

For skin diseases, purification of blood & general health.

**Dose:** 5 gms with water 3 times a day.

### 7. SEENTHIL CHOORANAM

For diabetes mellitus & skin diseases.

**Dose:** 2 to 5 gms with water 2 times a day.

## 8. THALISATHI CHOORANAM

For Cough & Cold.

**Dose:** 1 to 5 gm with Honey or hot water.

## 9. THALISATHI CHOORANAM (SPECIAL)

For Cough, loss of appetite, chest congestion.

**Dose:** 2 to 5 gm with Honey or hot water.

## 10. THIRIKADUGU CHOORANAM

For stomach problems, Fever, Cough, Cold.

**Dose:** 2 to 5 gm with Honey or hot water 2 times a day.

## 11. THIRIPALATHI CHOORANAM

For sore throat, mouth ulcer & constipation.

**Dose:** 3 to 5 gm with water 2 times a day.

## 12. ELATHI CHOORANAM

For Cough & indigestion.

**Dose:** 2 to 5 gm with water.

## 13. ELATHI CHOORANAM (SPECIAL)

For Earlier stage of T.B.

**Dose:** 2 to 5 gm with Honey or Hot water.

## 14. MADHUMEGA KARPAM

For Diabetes mellitus.

**Dose:** 5 gm with water.

## 15. KALARCHI CHOORANAM

For Hydrocele, Scrotal swelling, Elephantiasis.

**Dose:** 1/2 gm with hot water.

## 16. VALLARAI CHOORANAM

For memory power, blood purification, body over heat.

**Dose:** 3 to 5 gms with Honey or water.

## 17. SIVATHAI CHOORANAM

For constipation, gas troubles.

**Dose:** 1 to 2 gms with Honey or milk.

## 18. KARPOORATHI CHOORANAM

For urinary diseases, Kidney stones, Diabetes mellitus.

**Dose:** 3 to 5 gms with water.

## 19. CHEERAGA CHOORANAM

For Giddiness, vomiting, indigestion, Body over heat, bile.

**Dose:** 3 to 5 gms with water.

## 20. DRAKCHATHI CHOORANAM

Giddiness, Loss of appetite, vomiting.

**Dose:** 5 gms with Hot water.

**For Children:** 1/2 of the dose mentioned above. Chooranams will be taken twice / thrice a day.

## 21. CHUNDAI VATRAL CHOORANAM

**Indications:** Indigestion, diarrhoea, spure and piles.

**Dose:** 1 to 2 gms. Twice a day with buffalo (milk) curd.

## 22. INJI CHOORANAM

**Indications:** Vomiting, hypoacidity, loss of appetite, Tastelessness and indigestion.

**Dose:** 1 to 2 gms. Twice a day with water.

**Note:** This is also known by the name "Kandhaththri Chooranam".

## 23. MAYILIRAKAATHI CHOORANAM

**Indications :** Hiccups and Vomiting.

# RASAYANAMS

(Semi Sold Liquids)

## 1. GANTHAGA RASAYANAM

For Venereal diseases, insect bites, skin diseases, Leprosy.

**Dose :** 2 to 3 gms daily two times with milk.

## 2. PARANGI RASAYANAM

For Gonorrhoea & Venereal diseases, Leucorea.

**Dose :** 3 to 6 gms daily 2 times for 40 days.

## 3. THIPPLI RASAYANAM

For pulmonary diseases, wheezing, Cough, Cold, Chest congestion & Lung diseases.

**Dose :** 3 to 6 gms with Hot water.

**Packing :** 125, 250 & 500 gms.

# NEY

## 1. VENPOOSANI NEY

**Indications :** Inflammations, urethritis, chronic, diarrhoea, biliousness, excessive heat in the body and tuberculosis of the bones.

**Dose :** 1/2 to 1 teaspoon. Twice daily.

## 2. VENPOOSANI NEY

**Indication :** Nervous debility, urinary obstructions, gravel in urine, inflammation in the genito urinary tract, burning sensations in the body, diabetes, emaciation and tuberculosis.

**Dose:** 2 teaspoon full once only in the mornings.

### 3. AADAATHODAI NEY

**Indications :** Fevers, coughs and tuberculosis.

**Dose:** 1/2 to 1 teaspoon.

### 4. PRAHMI KEY

**Indications :** Convulsions, Delirium, nervous debility and poor memory.

**Dose:** 8 to 15 ml. Once a day.

### 5. SERAANKOTTAI NEY

**Indications :** Skin diseases, leproma, coughs and tuberculosis.

**Dose :** 10 to 15 drops twice a day. Withdraw tamarind fro diet during treatment with this medicine.

### 6. THOODUALAI NEY

**Indications :** Asthma, bronchitis, coughs, tuberculosis and rheumatism.

**Dose:** 1 to 2 teaspoon. Twice daily.

### 7. THANNEER VITTAN NEY

**Indication :** Nervous debility, urinary obstructions, gravel in urine, inflammation in the genito urinary tract, burning sensations in the body, diabetis, emaciation and tuberculosis.

**Dose :** 2 teaspoon full once only in the mornings.

### 8. VALLAARAI NEY

**Indications :** Coughs, bronchitis, difficulty in respiration, piles, vomitting, hiccup and skin diseases. Also in Tuberclosis.

**Dose:** 1 to 2 teaspoons. Twice daily.

## OTHERS

### 1. VENKAARA PODI

**Indications :** Skin diseases such as itches, scabies, ulcer, ringworm etc., For external application alone.

### 2. NEELAANCHANA MAI

**Indicationsl :** Eye diseases like catarct, glaucoma etc. Applied as a collyrium.

### 3. INJI VADAGAM

**Indications :** Sluggish liver, hepatomegaly, diseases of vitiated vadha, piththa and kabha doshams, indigestion and diarrhoea. Promotes good appetite in post operative convalescence.

**Dose:** 1 pill. Twice or thrice a day with water.

### 4. PADIKARA NEER

**Indications :** Used as a gargle in stomatitis. Used as an eye drop in eye diseases. Used as a nasal drop in nose bleeding. In case of ulcers, used for washing them.

### 5. OMA THEENEER

**Indications :** Indigestion, diarrhoea and cholera.

**Dose:** 15 to 30 ml.

### 6. SOMBU THEENEER

**Indications :** Stomach ache, indigestion, urethristis and gaseous distention of the abdomen. Also in cough, cold, sneezing, sinusitis, feber and dyspnoea.

**Dose:** 30 to 60 ml.

## 7. AGATHTHIYAR KUZHUMBU

**Indications** : Given with dry ginger in fevers, with chebulic myrobalan decoction in enteric fevers, with ghee in bleeding piles, with black pepper powder and onion in anemia and chlorosis, with honey and ginger juice in delirium, with colocynth fruit juice in abdominal colic. and with smooth volkameria leaf juice lun stone and gravel in urinary tract. In carbuncles, mamary cancer and bascesses applied external mixed with some water.

**Dose** : 100 mg. internally.

## 8. VISHAK KUZHAMBU

**Indications** : All toxemic states to purge out the poisons. (A drastic purgative and emetic.)

Dose : 100-200 mg with water.

## 9. VANGA VENNAI

**Indications** : Ulcer and fungal infections of skin. For external application only.

## DISEASE WITH REMEDIES

- |                                      |   |
|--------------------------------------|---|
| <b>1. DIARRHOEA / DYSENTRY</b>       | Chandanadhi Capsule<br>Ulsure Tonic<br>Ulcer Spl Powder<br>Aerozyme Capsule<br>Aeroliv Syrup<br>Ashta Churna<br>Triphala Churna<br>Mathulai Manappagu   |
| <b>2. ABDOMINAL DISCOMFORTE</b>      | Aeroliv Capsule<br>Aerozyme Capsule<br>Ashta Churna<br>Cheeraka Chooranam<br>Aeroliv Syrup  |
| <b>3. INFLAMMATION DUE TO SPRAIN</b> | Aeroliv Capsule<br>Chandanadhi Capsule<br>Rhematigo Capsule<br>Aeroskin Capsule<br>Annabethi<br>Chendooram No.1<br>Rheumatigo Oil<br>Herpinda Thylam<br>Kayathirumeni Thylam  |
| <b>4. HYPER ACIDITY</b>              | Aeroliv Capsule   |
| <b>5. ACNE / PIMPLES</b>             | Aeroliv Capsule<br>Chandanadhi Capsule<br>Aeropimple Capsule<br>Aruganpul Capsule<br>Parangipattai<br>Chooranam<br>Maha Yelathi Kuli hai<br>Parangi Rasayanam<br>Herbo Green<br>Ointment<br>Herbal Face Pack Powder<br>(external Use) |
| <b>6. ACUTE FEVER</b>                | Aeroliv Capsule<br>Herbo Feverex Capsule<br>Aeroliv Syrup   |

Vasantha Kusumagaram  
Annabethi  
Chendooram No.1  
Nilavembu Kudineer

**7. ALCOHOLISM**

Aeroliv Capsule  
Vitoherb Capsule  
Aeroliv Syrup  
Alcogo Capsule  
Cheeraka Chooranam

**8. EYE CONJUNCTIVITIS**

Aeroliv Syrup  
Chandanadhi Capsule  
Aeroskin Capsule  
Eye Drops  
Ponnanganni Thylam

**9. INFECTIOUS DISEASES**

Herbo Feverex Capsule  
Thulasi Karpam Capsule  
Aerosept Capsule

**10. SINUSITIS**

Aeroliv Capsule  
Aerosinus Capsule  
Thulasi Karpam Capsule  
Kandankathiri Legiyam  
Thuthulai Legiyam

Nellikai Legiyam  
Nasiroga Nasa Thylam  
Pinisa Thylam  
Aerobalm Ointment  
Neerkovai Mathirai

**11. UTERINE TONICS AND FOR REGULARISING MENSTURATION**

Aeroliv Capsule  
Chandanadhi Capsule  
Herbuterin Capsule  
Herbuterin Syrup  
Satavari Lehya

**12. TO REGULARISE DELAYED MENSURATIONS**

Aeromission Capsule  
Aerofer Capsule  
Herbuterin Syrup

**13. WORM INFESTATION**

Diadynil Capsule  
Neemforte Capsule

**14. AMENORRHOEA**

Aeromessin Capsule  
Herbuterin Capsule  
Vitoherb Capsule

**15. ANAEMIA**

Aeroliv Syrup  
Aerofer Capsule  
Mathulai Manappagu  
Vittaswa Syrup  
Mandoora Chendooram  
Aya Chendooram  
Ayakantha  
Chendooram No.1  
Ayakantha  
Chendooram No.2  
Annabethi  
Chendooram No.1  
Annabethi  
Chendooram No.2

**16. ANTISEPTIC**

Aerosept Capsule  
Mathan Thylam  
Alampal Thylam

**17. ARTHRITIS**

Aeroliv Capsule  
Chandanadhi Capsule  
Rheumatigo Capsule  
Vittaswa Syrup  
Aeroliv Syrup

Chandamarutha  
Chendooram  
Rheumatigo Thylam  
Ulunthu Thylam  
Vathakesari Thylam

**18. ASTHMA**

Aeroliv Capsule  
Herbosma Capsule  
Thuthuvalai Legiyam  
Vankumari Kalpam  
Kandankathiri Legiyam  
Poorna Chanthrothayam  
Herbex Cough Syrup  
Swasa Kudori Mathirai  
Pavala Parpam  
Karpoorathi Thylam  
(external Use)

**19. PRIMARY AMENORRHOEA**

Herbuterin Capsule  
Aeromessin Capsule  
Herbuterin Syrup  
Mathulai Manappagu



**20. BAD ODOUR FROM MOUTH**

Chandanadhi Capsule  
 Brindha Tooth Powder For Brushing  
 Red Tooth Powder For Brushing  
 Thriphala Churna (gargling)

**21. BALDNESS DUE TO FUNGAL INFECTION**

Aeroskin Capsule  
 Rasaganthi Mezhugu Capsule  
 Baldinil Cream (external Use)  
 Ayakantha Chendooram  
 Kaiyan Thylam  
 Puluvetu Thylam

**22. HEADACHE DUE TO HEAT**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Pinex Capsule  
 Aeroliv Syrup  
 Cheeraka Chooranam  
 Kaiyan Thylam (external Use)

**23. BLACK DOTS**

Aeropimple Capsule  
 Aeroskin Capsule  
 Aruganpul Capsule  
 Herbo Green Ointment  
 Face Pack Powder  
 Arugan Thylam

**24. BLEEDING PILES**

Aeroliv Capsule  
 Chandanadhi Capsule  
 A Pilo Herb Capsule  
 Moolamirtham Legiyam  
 Triphala Churna  
 Nathai Parpam  
 Kadukkai Legiyam

**25. HAEMETEMESIS**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Impural Legiyam  
 Triphala Churna  
 Mathulai Manappagu

**26. DIARRHOEA ACCOMPANIED WITH BLOOD**

Diadynil Capsule  
 Chandanadhi Capsule  
 A Pilo Herb Capsule  
 Vallarai Capsule  
 Rasagandhi Mezhugu Capsule  
 B.I. Pure Capsule  
 Neemfort Capsule  
 Aruganpul Capsule  
 Hybiscus Hair Care Capsule  
 Thethankottai Legiyam

**27. NEURITIS**

Chandanadhi Capsule  
 Chandana Mathirai  
 Satavari Legiyam  
 Venpoosani Legiyam  
 Kungilia Vennai  
 Kulirchi Thylam (external Use)

**28. EXCESS BODY HEAT**

Chandanadhi Capsule  
 Chandana Mathirai

Cheeraka Chooranam  
 Aloe Jam  
 Nanari Sarpath  
 Kulirchi Thylam (external Use)

**29. BODY PAIN**

Herbo Feverex Capsule  
 Painex Capsule  
 Rheumatigo Capsule  
 Aerobalm Ointment  
 Karpoorathi Thylam  
 Rheumatigo Oil

**30. BODY WEAKNESS**

Vallarai Capsule  
 Vitoherb Capsule  
 Aswagantha Capsule  
 Amukkara Chooranam  
 Aswagantha Chooranam  
 Silasathu Parpam

**31. BOILS**

Aeroskin Capsule  
 Chandanadhi Capsule  
 Parangipattai Chooranam

Amirtha Vennai (external Use)	<b>35. BURNING MICTURITION</b>
Herbo Green Ointment	Aeroliv Capsule
Idivallathi Mezhugu	Chandanadhi Caspule
<b>32. BONE FRACTURE</b>	Valaithandu Capsule
Bond Aid Capsule	Nerunjil Capsule
Painex Capsule	Yelathi Chooranam
Alampal Thylam	Chandanadhi Mathirai
Ulunthu Thylam	Mathulai Manappagu
Pinda Thylam	Vediyuppu Chunnam
<b>33. BRONNCHITIS</b>	Padikara Parpam
Herbosma Capsule	<b>36. BURNS</b>
Thulasi Karpam Capsule	Aerosept Capsule
Thuthulai Legiyam	Chandanadhi Capsule
Vankumari Kalpam	Kungilia Vennai
Kandankathiri Legiyam	Pinda Thylam
Herbex Cough Syrup	Arugan Thylam
<b>34. EYES BURNING</b>	Alampal Thylam
Aeroliv Capsule	<b>37. CALCIUM DEFICIENCY</b>
Chandanadhi Capsule	Aerocal Capsule
Nannari Sarpath	Bone Aid Capsule
Ponnankanni Thylam	Mathulai Manappagu
Eye Drops	Muthu Chippi Parpam

Pavala Parpam	Kasini Keerai Capsule
Nathai Parpam	Valaithandu Capsule
Nandukkal Parpam	Cheeraka Chooranam
Palakarai Parpam	Mathulai Manappagu
<b>38. CANSUER</b>	<b>40. CHEST CONGESTION</b>
Aeroliv Capsule	Aeroliv Capsule
Chandanadhi Capsule	Herbosma Capsule
Arugan Capsule	Thulasi Karpam Capsule
Vitoherb Capsule	Thippili Rasayanam
Aswagantha Capsule	Vankumari Kalpam
Rasaganthi Mezhugu Capsule	Herbex Cough Syrup
Cansure Capsule	Thalisadhya Churna
Thiriphala Churna (internal & External Use)	Thirikadugu Choornam
Punga Thylam	<b>41. ABDOMINAL COLIC</b>
Arugan Thylam	Aeroliv Capsule
Nanthi Mezugu	Chandanadhi Capsule
Rasaganthi Mezhugu	Aerozyme Capsule
<b>39. GALL &amp; KIDNEY STONES</b>	Aeroliv Syrup
Aeroliv Capsule	Astha Churna
Chandanadhi Capsule	Thiriphala Churna
Nerunjil Capsule	Kunmakudori Mezhugu

**42. CHEST PAIN**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Herboserpin Capsule  
 Stressnil Capsule  
 Vitoherb Capsule  
 Herbarjuna Capsule  
 Thamarai Poo Sarpath  
 Hybiscus Sarpath

**43. HYPERLIPIDEMIA**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Herbobysity Capsule  
 Nerunjil Capsule  
 Valaithandu Capsule  
 Vellaipondu Legiyam  
 Nutro Food

**44. COMMON COLD**

Herbosma Capsule  
 Thulasi Karpam Capsule  
 Aerosinus Capsule  
 Herbo Feverex Capsule

Chukku Thylam (external Use)

Thppili Legiyam  
 Vankumari Kalpam  
 Neerkovai Mathirai  
 (external Use)  
 Thirikadugu Chooranam  
 Thalishathi Chooranam  
 Herbex Cough Syrup  
 Aero Balm Oinment (ex. Use)  
 Thippili Rasayanam  
 Thuthuvalai Chocolates  
 Pinisa Thylam (external Use)

**45. PROTEIN DEFICIENCY**

Herprotein Capsule  
 Nutro Food

**46. CONSTIPATION**

Aerolax Capsule  
 Kadukkai Legiyam  
 Thiripala Churna  
 Nilavakai Chooranam  
 Sivathai Chooranam  
 Malakudara Mezhuugu  
 Sugabethi Oil

**47. CORONARY HEART DISEASE**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Herbarjuna Capsule  
 Vitoherb Capsule  
 Thamarai Poo Capsule  
 Hybiscus Sarpath  
 Mathulai Manappagu

**48. COUGH**

Aerosinus Capsule  
 Herbosma Capsule  
 Nellikkai Legiyam  
 Thuthulai Legiyam  
 Vilvathi Legiyam  
 Vankumari Kalpam  
 Thalishathi Chooranam  
 Herbex Cough Syrup  
 Athimathuram Podi  
 Yelathi Chooranam  
 Swasa Kudori Mathirai

**49. CRACKS IN FOODS**

Aeroliv Capsule

Satavari Lehya  
 Venpoosani Legiyam  
 Nellikkai Legiyam  
 Crack Cure Ointment  
 (external Use)  
 Aeroliv Syrup  
 Vittaswa Syrup

**50. DANDRUFF**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Aruganpul Capsule  
 Hybiscus Hair Care Capsule  
 Aeroliv Syrup  
 Hybiscus Hair Care Oil  
 (external Use)  
 Arugan Thylam  
 (external Use)

**51. TOOTH ACHE  
(EXTRENAL USE)**

Red Tooth Powder  
 Tooth Drops  
 Thiriphala Churna

**52. FOR STRONG TEETH**

Brindha Tooth Powder

**53. DIABETES MELLITUS**

Aeroliv Capsule  
 Vitoherb Capsule  
 Bepsonil Capsule  
 Mathumega Karpam  
 Seenthil Chooram  
 Aswagandhi Churna  
 Thiriphala Churna

**54. BACILLARY DYSENTRY**

Diadyniil Capsule  
 Padiglinga Chendooram  
 Padikara Chendooram

**55. DYSENTRY DUE TO INDIGESTION**

Aeroliv Syrup  
 Ashta Churna

**56. ACNE**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Aeropimple Capsule  
 Aravindh Face Pack Powder  
 (external Use)  
 Aloe Veera Pimple Gel (e.use)

**57. DRY SKIN**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Satavari Lehya  
 Parangipattai Chooram  
 Arugan Thylam  
 Chandanadhi Thylam  
 Aloeveera Dayskin Gl

**58. DYSMENORRHOEA**

Chandanadhi Capsule  
 Herbuterin Capsule  
 Aswagantha Capsule  
 Herbuterin Syrup  
 Padikara Parpam  
 Kunmakudori Mezhugu

**59. EARPAIN AND SEPTICEMIA**

Aerosept Capsule  
 Painex Capsule  
 Ear Drops (enternal Use)  
 Inji Legiyam  
 Chukku Thylam  
 (external Use)

**60. ECZEMA**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Aeroskin Capsule  
 Aruganpul Capsule  
 Aerosept Capsule  
 Rasagandhi Mezhugu  
 Mahavallathi Legiyam  
 Parangipattai Chooram  
 Kanthaga Parpam  
 Kanthaga Rasayanam  
 Dermo Herb Ointment  
 Karappan Thylam

**61. ELEPHANTIASIS**

Aeroliv Capsule  
 Chandanadhi Capsule  
 B.I. Pure Capsule  
 Aeroskin Capsule  
 Rasagandhi Mezhugu  
 Capsule  
 Aerosept Capsule  
 Mahavallathi Legiyam  
 Kalarchi Chooram

Kanthaga Rasayanam  
 Ulundhu Thylam  
 Kalarchi Thylam

**62. CORNS**

Aerocorn Capsule  
 Thiripala Churna  
 Dermo Herb Ointment

**63. TO GET RID OF SMOKING HABIT**

Aeroliv Capsule  
 Tobanil Capsule  
 Vitoherb Capsule  
 Aeroliv Syrup

**64. WART**

Aerowart Capsule  
 Dermo Herb Ointment (ex. Use)

**65. EXCESSIVE SWEATING**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Kungumapoo Mathirai  
 Chandanadhi Thylam  
 Ponnanganni Thylam  
 Kulirchi Thylam

**66. GENERAL FEVER**

Herbo Feverex Capsule  
 Aerosept Capsule  
 Thirikadugu Chooram  
 Ling Chendooram No.2

**67. ANO - RECTAL FISTULA**

Aeroliv Capsule  
 Chandanadhi Capsule  
 A Pilo Herb Capsule  
 Aeroskin Capsule  
 Mahavallathi Legiyam  
 Parangipattai Chooram  
 Thriphala Churna  
 Dermo Herb Ointment  
 Meni Thylam

**68. FLATULANCE**

Aeroliv Capsule  
 Aerozyme Capsule  
 Thirikadugu Capsule  
 Perungaya Legiyam  
 Ashta Churna  
 Nilavarai Chooram

**69. LOSS OF VITALITY**

Aswagantha Capsule  
 Aruganpul Capsule  
 Thethankottai Legiyam  
 Nellikkai Legiyam  
 Kayakalpam Legiyam  
 Parangipattai Chooram  
 Vittaswa Syrup  
 Aravindh Herbal Drink  
 Hybisucs Sarpath  
 Nannari Sarpath

**70. NERVOUS WEAKNESS**

Vallarai Capsule  
 Rheumatigo Capsule  
 Venpoosani Legiyam  
 Aswaganthi Legiyam  
 Kayakalpam Legiyam  
 Satavari Legiyam  
 Vittaswa Syrup  
 Rheumatigo Syrup  
 Aya Chendooram  
 Chandamarutha  
 Chendooram

Poorna Chanthrothayam  
 Rheumatigo Oil  
 Ulunthu Thylam

**71. TREMORS**

Cheeraka Capsule  
 Drakshadi Churna  
 Vittaswa Syrup  
 Cheeraka Thylam  
 Ulunthu Thylam  
 Keelanelli Thylam

**72. LEUCORRHOEA**

Chandanadhi Capsule  
 Rasaganthi Mezhu  
 Capsule  
 Thethankottai Legiyam  
 Venpoosani Legiyam  
 Amukkara Chooram  
 Parangi Rasayanam  
 Gandaga Parpam  
 Kungilia Vennai

**73. POST NATAL CARE**

Mumtone Capsule  
 Saubhagya Sunthi Lehya

Inji Legiyam  
 Poodu Legiyam  
 Ashta Churna

**74. PREGNANT WOMEN**

Aeroferr Capsule  
 Aerocal Capsule  
 Mathulai Manappagu  
 Aeroliv Syrup

**75. LAXATIVE**

Aerolax Capsule  
 Kadukkai Legiyam  
 Thiriphala Chooram  
 Nilavarai Chooram  
 Sugabethi Oil (internal Use)

**76. TO REDUCE MENTAL STRESS**

Stressnil Capsule  
 Herboserpin Capsule  
 Aswagantha Capsule  
 Vallarai Capsule

**77. HAEMOPHILLIA**

Thiriphala Churna  
 Pavala Parpam

Chandamarutha  
Chendooram

### 78. FOR NATURAL SLEEP

Aeroliv Capsule  
Chandanadhi Capsule  
Sleepwel Capsule  
Stressnil Capsule  
Vitoherb Capsule  
Aswagantha Capsule  
Nellikai Legiyam  
Aswaganthi Legiyam  
Chandanadhi Thylam  
Ponnanganni Thylam

### 79. EXCESSIVE HAIR FALLING

Hybiscus Hair Care Capsule  
Chandanadhi Capsule  
Vittaswa Syrup  
Baldinil Cream  
Puluvettu Thylam  
Ponnanganni Thylam  
Hybiscus Hair Care Capsule

### 80. HEAD ACHE

Herbo Feverex Capsule  
Painex Capsule  
Aerosinus Capsule  
Aero Balm Ointment  
Cheeraka Thylam  
Chukku Thylam  
Karpoorathi Thylam  
Arakku Thylam

### 81. HEAD ACHE DUE TO COLD

Aerosinus Capsule  
Painex Capsule  
Neerkovai Mathirai  
(to Use As A Poultice)  
Aero Balm  
(for Steam Inhalation)  
Pinisa Thylam (external Use)

### 82. IRON DEFICIENCY

Aeroferr Capsule  
Mathulai Manappagu  
Honey Dates  
Annabethi  
Chendooram No.1

Annabethi  
Chendooram No.2

Aya Chendooram  
Mandoora Chendooram  
Ayakantha  
Chendooram No.1  
Ayakantha  
Chendooram No.2

### 83. CARDIAC STIMULANTS

Herbarjuna Capsule  
Aswagantha Capsule  
Vittaswa Syrup  
Thamarai Poo Sarpath  
Hybiscus Sarpath  
Aeroliv Sarpath

### 84. TO REDUCE TRAVELLING HEAT

Chandanadhi Capsule  
Chandanadhi Mathirai  
Ponnanganni Thylam  
(external Use)

### 85. HICCUPS

Astha Churna  
Thiriphala Churna

Mathulai Manappagu  
Mandoora Chendooram

### 86. HOARSENESS OF VOICE

Tonsnil Capsule  
Maha Yelathi Kuli hai  
Vankumari Kalpam  
Thuthulai Legiyam

### 87. HYDROCOELE

Rheumatigo Capsule  
Aswagantha Capsule  
B.I. Pure Capsule  
Kalarchi Choornam  
Ulundhu Thylam (external Use)

### 88. HIGH BLOOD PRESSURE / HEPERTENSION

Aeroliv Capsule  
Chandanadhi Capsule  
Herboserpin Capsule  
Nannari Sarpath

### 89. INDIGESTION

Aerozyme Capsule  
Pancha Deepakkini  
Legiyam

Vellaipoondu Legiyam	Kungilia Vennai
Inji Legiyam	<b>92. INJURIES DUE TO TRAUMA</b>
Ashta Churna	Aerosept Capsule
Cheeraka Chooram	Pinda Thylam (external Use)
Yelathi Chooram	<b>93 INSECT BITE</b>
Akkini Chooram	Rasaganthi Mezhugu Capsule
Pancha Deepakkini Chooram	Poisonil Capsule
Kunmakudori Mezhugu	Kanthaga Rasayanam
Baby Gripe Water	Gowri Sinthamani Chendooram
<b>90. EAR ACHE</b>	Nandhi Mezhugu
Aerosept Capsule	<b>94. INTERNAL AND EXTERNAL PILES</b>
Painex Capsule	Aeroliv Capsule
Ear Drops	Chandanathi Capsule
Chukku Thylam	A Pilo Herb Capsule
<b>91. URINARY TRACT INFECTION</b>	Moolamirtham Legiyam
Chandanadhi Capsule	Aeropile Syrup
Satavari Legiyam	Thiriphalathi Churna
Venpoosani Leigyam	Dermo Herb Ointment (extrenal Use)
Cheeraga Chooram	<b>95. WORM INFESTATIONS</b>
Chandana Mathirai	Neem Forte Capsule
Kungilia Parpam	

Murukkanvithai Mathirai	Rasaganthi Mezhugu Capsule
Meganatha Kuligai Mathirai	Aeroskin Capsule
Meni Thylam (external Use)	Vitoherb Capsule
<b>96. ITCHING</b>	Aswagantha Capsule
Aeroliv Capsule	Kanthaga Rasayanam
Aeroskin Capsule	Sivanar Amirtham
Aruganpul Capsule	Arugan Thylam
Aerosept Capsule	<b>100. LEUCODERMA</b>
Dermo Herb Ointment	Aeroliv Capsule
Arugan Thylam	Chandanadhi Capsule
<b>97. JAUNDICE</b>	Aeroskin Capsule
Aeroliv Capsule	Vittaswa Syrup
Annabethi Chendooram No.1	Parangipattai Chooram
Annabethi Chendooram No.2	Venpulli Thylam
Aeroliv Syrup	Chirattai Thylam
Mandoora Chendooram	<b>101. LEUCORRHOEA</b>
<b>98. TO ERADICATE LICE</b>	Chandanadhi Capsule
Liceol Powder (external Use)	Herbuterin Capsule
<b>99. LEPROSY</b>	Satavari Legiyam
Aeroliv Capsule	Venpoosani Legiyam
Chandanadhi Capsule	Thiriphala Churna (internal & External Use)

Venkara Parpam	Panjadeepakkini Choornam
Parangipattai Choornam	Thalisathi Choornam
Kungilia Vennai	<b>105. LUNG DISEASES</b>
<b>102. LIVER DISEASES</b>	Herbosma Capsule
Aeroliv Capsule	Thippili Rasayanam
Aeroliv Syrup	Vankumari Kalpam
Ashta Churna	Thuthulai Legiyam
Cheeraga Choornam	Yelathi Choornam
Keelanelli Thylam (external Use)	Thalisathi Choornam
<b>103. FOR HEALTHY HAIR</b>	Thirikadugu Choornam
Aeroliv Capsule	Pavala Parpam
Hybiscus Hair Care Capsule	<b>106. MENOPAUSAL DISTURBANCES</b>
Seenthil Choornam	Herbuterin Capsule
Ponnanganni Thylam	Impooral Legiyam
Hybiscus Hair Care Oil	Herbuterin Syrup
Arugan Thylam	Kungilia Parpam
<b>104. LOSS OF APPETITE</b>	Padikara Parpam
Vilvathi Legiyam	Padikalinga Chendooram
Thurinji Manappagu	<b>107. TO REGULARISE MENSTRUAL CYCLE</b>
Malakudara Mezhugu	Herbuterin Capsule
Bilwadhi Legiyam	Satavari Legiyam
Drakshadi Churna	

Vittaswa Syrup	<b>112. HYPOTHYROIDISM</b>
Herbuterin Syrup	Thyroidinil Capsule
Mathulai Manappagu	Aswagantha Capsule
<b>108. MOUTH ULCER</b>	<b>113. OBESITY</b>
Thiriphala Churna	Aeroliv Capsule
<b>109. MUSCULAR SPRAIN &amp; CRAMPS</b>	Chandanathi Capsule
Painex Capsule	Herbobysity Capsule
Rheumatigo Capsule	Nerunjil Capsule
Kayathirumeni Thylam (external Use)	Kasini Capsule
<b>110. NERVE PAIN</b>	Nutro Food Slim
Vitoherb Capsule	<b>114. VATHA DISEASES</b>
Painex Capsule	Aeroliv Capsule
Vittaswa Syrup	Chandanadhi Capsule
Ulundhu Thylam	Rheumatigo Capsule
Rheumatigo Oil	Painex Capsule
<b>111. NERVOUS WEAKNESS</b>	Rasaganthi Mezhugu Capsule
Aswagantha Capsule	Thirikadugu Legiyam
Vallarai Capsule	Thirikadugu Choornam
Vitoherb Capsule	Idivallathi Mezhugu
Kayakalpam Legiyam	Rheumatigo Oil
Aswaganthi Legiyam	Ulundhu Thylam
	Karpoorathi Thylam



Vathakesari Thylam

Lagu Visamusti Thylam

Gowri Chinthamani  
Chendooram

#### 115. SCIATICA

Rheumatigo Capsule

Aswagantha Capsule

Painex Capsule

Kayathirumeni Thylam

Kurunthotti Thylam

Ulundhu Thylam

#### 116. CHRONIC WOUNDS

Aerosept Capsule

Aeroskin Capsule

Thiripala Churna

Punga Thylam

Mathan Thylam

#### 117. IMPOTENCE

Vallarai Capsule

Neogara Capsule

Vitoherb Capsule

Kayakalpam Legiyam

Vittaswa Syrup

Gold Pills

Aswaganthi Legiyam

Chandanadhi Thylam  
(external Use)

#### 118. PERIARTHRITIS

Rheumatigo Capsule

Aswagantha Capsule

Kurunthotti Thylam  
(external Use)

Ulunthu Thylam (external  
Use)

#### 119. SKIN DISEASES

Aeroskin Capsule

Rasaganthi Mezhugu  
Capsule

Aruganpul Capsule

Sarapunga Vilvathi Legiyam

Kanthaga Rasayanam

Parangi Rasayanam

Maha Vilvathi Legiyam

Parangipattai Chooram

Seenthil Chooram

Amirtha Vennai

Herbo Green Ointment

Dermo Herb Ointment

Herbal Bath Powder

Arugan Thylam

Chirattai Thylam

Karappan Thylam

Mathan Thylam

Punga Thylam

Rasaganthi Mezhugu

#### 120. SINUSITIS

Aerosinus Capsule

Mahavallathi Legiyam

Idivallathi Mezhugu

Pavala Parpam

Arakku Thylam

Chukku Thylam

Nasiroga Nasa Thylam

Nochi Thylam

Pinisa Thylam

Inji Thylam

#### 121. SNEEZING

Aerosinus Capsule

Pinisa Thylam (external Use)

#### 122. SORE THROAT

Tonsnil Capsule

Thuthulai Legiyam

Thiriphala Churna  
(for Gareling)

Thalisathi Chooram

#### 123. ABDOMINAL PAIN DUE TO GAS TROUBLE

Aeroliv Capsule

Aerozyme Capsule

Vellaipoonda Legiyam

Aeroliv Syrup

Ashta Churna

#### 124. SPRAIN

Painex Capsule

Aerosept Capsule

Kayathirumeni Thylam

Pinda Thylam

#### 125. STOMACH AILMENTS IN BABIES

Aeroliv Syrup

Ashta Churna

Baby Gripe Water

**126. FOUL ODOUR DUE TO SWEATING**

Chandanadhi Capsule  
Chandanadhi Thylam  
(external Use)

**127. TASTELESSNESS**

Inji Legiyam

**128. TEMPORARY BALDNESS**

Aeroskin Capsule  
Rasaganthi Mezhugu  
Baldinil Cream  
Puluvettu Thylam  
Parangipattai Chooranam

**129. TONSILITIS**

Aeroliv Capsule  
Tonsnil Capsule  
Aerosinus Capsule  
Thulasi Karpam Capsule  
Aerosept Capsule  
Aeroliv Syrup

**130. BONE TUBERCULOSIS**

Herbosma Capsule  
Rasaganthi Mezhugu  
Capsule

Thethankottai Legiyam  
Venpoosani Legiyam  
Impural Legiyam  
Vankumari Kalpam  
Amukkara Chooranam  
Kasthuri Karuppu  
Mahayelathi Kulihai  
Mathulai Manappagu

**131. CANCER, TUMOUR**

Aeroliv Capsule  
Chandanadhi Capsule  
Cansure Capsule  
Rasaganthi Mezhugu  
Capsule  
Parangipattai Chooranam  
Parangi Rasayanam

**132. PEPTIC ULCER**

Chandanadhi Capsule  
Thiriphalathi Chooranam  
Kungilia Vennai

**133. VOMITING**

Vilvathi Legiyam  
Panja Deepakini Legiyam

Inji Legiyam  
Mathulai Manappagu  
Cheeraka Chooranam  
Drakshadi Churna

**134. COMMON ALLERGY**

Aeroliv Capsule  
Beginning Dose Capsule  
Aruganpul Capsule  
Poisonil Capsule  
Mahayelathi Kulihai  
Annabethi Chendooram No.2  
Pavala Parpam  
Palakarai Parpam

**135. CARDIAC DISEASES**

Hernbarjuna Capsule  
Amukkara Chooranam  
Mahayelathi Kulihai

**136. DENGUE FEVER**

Herbo Feverex Capsule  
Rheumatigo Capsule  
Aeroferr Capsule  
Vittaswa Syrup

Thirikadugu Chooranam  
Chandamarutha  
Chendooram

**137. ALLERGIC CONDITIONS**

Aeroliv Capsule  
Beginning Dose Capsule  
Aeroliv Syrup  
Annabethi Chendooram No.2  
Mahayelathi Kulihai  
Pavala Parpam  
Palakarai Parpam

**138. AMENORRHOEA**

Aeromession Capsule  
Vallarai Capsule  
Herbuterin Capsule  
Herbuterin Syrup  
Kunmakudori Mezhugu

**139. ANAL FISSURE & FISTULA**

Aeroliv Capsule  
Chandanadhi Capsule  
A Pilo Herb Capsule  
Karunai Legiyam

Moolamirtham Legiyam	Herbex Cough Syrup
Aeropile Syrup	Thalisathi Chooram
Idivallathi Melugu	Kasthoori Karuppu
Meni Thylam (external Use)	Swasa Kudori Mathirai
<b>140. ANOREXIA</b>	Pavala Parpam
Aeroliv Capsule	Sivanar Amirtham
Aerozyme Capsule	<b>143. ATHLETES FOOT</b>
Panjadeepakkini Legiyam	Aerosept Capsule
Inji Legiyam	Aeroskin Capsule
Aeroliv Syrup	Herbo Green Ointment
Panjadeepakkini Chooram	Chirattai Thylam
Omatheeneer	<b>144. BOILS, FURUNCLES, SCABIS</b>
<b>141. ANTI NATAL CARE</b>	Aeroliv Capsule
Aeroferr Capsule	Chandanadhi Capsule
Aerocal Capsule	Aeroskin Capsule
Mathulai Manappagu	Parangipattai Chooram
Maha Yelathi Kulihai	Parangi Rasayanam
Chukku Thylam	Punga Thylam
Arakku Thylam	Karappan Thylam
<b>142. BRONCHIAL ASTHMA</b>	Dermo Herb Ointment
Herbosma Capsule	<b>145. BRONCHIECTASIS</b>
Vankumari Kalpam	Aeroliv Capsule

Herbosma Capsule	Swasakudori Mathirai
Impooral Leigiyam	Sivanar Amirtham
Thethankottai Legiyam	<b>148. CAPILLARY FRAGILITY</b>
Kasthoori Karuppu	Chandanadhi Capsule
Swasakudori Mathirai	Impural Legiyam
Thalisathi Chooram	Venpoosani Legiyam
Pavala Parpam	Nellikai Legiyam
<b>146. CHRONIC BRONCHITIS</b>	Pavala Parpam
Herbosma Capsule	<b>149. CARBUNCLES</b>
Impooral Legiyam	Aeroliv Capsule
Thuthulai Legiyam	Chandanadhi Capsule
Thethankottai Legiyam	Aeroskin Capsule
Vankumari Kalpam	B.I. Pure Capsule
Thippili Rasayanam	Kandaga Rasayanam
Thaisathi Chooram	Parangipattai Chooram
Yelathi Chooram	Kanthaga Parpam
Sivanar Amirtham	Dermo Herb Ointment (external Use)
<b>147. BRONCHOPNEUMONIA</b>	Punga Thylam (external Use)
Herbosma Capsule	<b>150. CARDIAC DISEASE</b>
Vankumari Kalpam	Aeroliv Capsule
Kasthuri Karuppu	Herbarjuna Capsule
Mahayelathi Kulihai	Thamaraipoo Sarpath

Hybiscus Sarpath

Mahayelathi Kulihai

Kasthoori Karuppu

### 151. CHOLERA

Diadynil Capsule

A Pilo Herb Capsule

Aeroliv Capsule

Padikalinga Chendooram

Padikara Chendooram

Padikara Parpam

### 152. HEPATOMEGALY

Aeroliv Capsule

Aeroliv Syrup

Mathulai Manappagu

Aya Chendooram

Arumuga Chendooram

Mandoora Chendooram

Annabethi Chendooram

Ayakantha Chendooram No.1

Kaiyan Thylam (external Use)

### 153. SINUSITIS

Aerosinus Capsule

Thulasi Karpam Capsule

Vankumari Kalpam

Kunguma Poo Mathirai

Kasthoori Karuppu

Mahayelathi Kulihai

Vasantha Kusumaharam  
Mathirai

Pinisa Thylam

Neerkovai Mathirai

### 154. COLITIS

Aeroliv Capsule

Chandanadhi Capsule

Mathulai Manappagu

Kungiliya Vennai

Kungiliya Parpam

Linga Chendooram No.1

Linga Chendooram No.2

Padikara Chendooram

### 155. CONJUNCTIVITIS

Chandanadhi Capsule

Eye Drops (external Use)

Padikara Neer (external Use)

### 156. CONTUSION DISEASES

Aerosept Capsule

Arakku Thylam

Pinda Thylam

Laguvismusti Thylam

### 157. CONVALESCENCE

Vitoherb Capsule

Aswagantha Capsule

Nellikai Legiyam

Aswagantha Legiyam

Impooral Legiyam

Thethankottai Legiyam

Venpoosani Legiyam

Sarapunga Vilvathi Legiyam

Ayakantha Chendooram

Arumuga Chendooram

### 158. FEVER WITH KNEE PAIN

Rheumatigo Capsule

Aerosept Capsule

Painex Capsule

Herbo Feverex Capsule

Thirikadugu Choornam

Chandamarutha  
Chendooram

### 159. CYSTITIS WITH BURNING MICTURITION

Aeroliv Capsule

Chandanadhi Capsule

Nerunjil Capsule

Thiriphala Churna

Silachathu Parpam

Nandukal Parpam

Venkara Parpam

Kungilia Parpam

Padikara Parpam

### 160. DYSENTERY

Diadynil Capsule

A Pilo Herb Capsule

Mathulai Manappagu

Padikara Chendooram

Padikalinga Chendooram

Kungilia Parpam

Padikara Parpam

### 161. DYSMENORRHOEA

Chandanadhi Capsule

Aerozyme Capsule	Parangipattai Choornam
Herbuterin Capsule	Kasthoori Karuppu
Venpoosani Legiyam	Sivanar Amirtham
Sathavari Legiyam	Pavala Parpam
Herbuterin Syrup	Pinisa Thylam (external Use)
Kunmakudori Mezhuugu	
<b>162. DYSPNOEA</b>	<b>164. ENURESIS</b>
Herbosma Capsule	Chandanadhi Capsule
Vankumari Kalpam	Aswagantha Capsule
Herbex Cough Syrup	Vallarai Capsule
Swasakudori Mathirai	Venpoosani Capsule
Kasthoori Karuppu	Thiriphala Churna
Sivanar Amirtham	Aeroliv Syrup
Mahayelathi Kulihai	Vittaswa Syrup
	Padikara Chendooram
<b>163. EOSINOPHILIA</b>	<b>165. EPISTAXIS</b>
Aeroliv Capsule	Diadynil Capsule
Herbosma Capsule	Impooral Legiyam
Aerosinus Capsule	Venpoosani Legiyam
Swasakudori Mathirai	Satavari Legiyam
Nellikai Legiyam	Thiriphala Churna
Thethankottai Leigyam	
Aeroliv Syrup	<b>166. ERYSIPELAS, HERPIS</b>
	Chandanadhi Capsule

Mathulai Manappagu	Mahayelathi Kulihai
Thiriphalathi Churna	<b>169. INTERMITTENT FEVER</b>
Kungiliya Vennai	Aeroliv Capsule
Mahayelathi Kulihai	Herbo Feverex Capsule
Nannari Sarpath	Linga Chendooram No.1
Herbo Green Ointment (external use)	Linga Chendooram No.2
<b>167. ENTERIC FEVER &amp; DELIRIUM</b>	Gowri Sinthamani
Aeroliv Capsule	Arumuga Chendooram
Herbo Feverex Capsule	<b>170. RHEUMATIC ARTHRITIS</b>
Kungumapoo Mathirai	Rheumatigo Capsule
Linga Chendooram No.1	Aeroliv Capsule
Linga Chendooram No.2	Painex Capsule
Mahayelathi Kulihai	Herbo Feverex Capsule
Vasantha Kusumaharam Mathirai	Chandamarutha Chendooram
<b>168. FEVER, MALARIAL FEVER</b>	<b>171. GASTRIC DISORDERS DUE TO HYPER ACIDITY</b>
Aeroliv Capsule	Aerozyme Capsule
Herbo Feverex Capsule	Astha Churna
Vankumari Kalpam	Kunma Kudori Mezhuugu
Thirikadugu Choornam	Palakarai Parpam
Linga Chendooram No.2	Sangu Parpam

**172. GASTRIC DISORDERS  
DUE TO HYPO ACIDITY**

Aerozyme Capsule  
Sarapunga Vilvathi Legiyam  
Aeroliv Syrup  
Mathulai Manappagu  
Thurinji Manappagu  
Ashta Churna

**173. GASTRIC ULCER**

Chandanadhi Capsule  
Venpoosani Legiyam  
Satavari Legiyam  
Thriphala Churna  
Kungilia Parpam  
Silachathu Parpam  
Sangu Parpam  
Kungilia Vennai

**174. GLOSSITIS**

Chandanadhi Capsule  
Thiriphala Churna  
Annabethi Chendooram No.1  
Annabethi Chendooram No.2  
Padikara Chendooram

**175. SHUNTED GROWTH**

Vitoherb Capsule  
Aswagantha Capsule  
Vallarai Capsule  
Aswaganthi Legiyam  
Nellikai Legiyam  
Thethankottai Legiyam  
Venpoosani Legiyam  
Sarapunga Vilvathi Legiyam  
Amukkara Chooram

**176. BLEEDING PILES**

Aeroliv Capsule  
Chandanadhi Capsule  
A Pilo Herb Capsule  
Diadynil Capsule  
Kungiliya Parpam  
Padikara Parpam  
Padigalinga Chendooram  
Padikara Chendooram

**177. FOR HYPOMETABOLISM  
- GOLD CONSTITUENTS**

Vitoherb Capsule

**178. FOR HYPOMETABOLISM  
IRON CONSTITUENTS**

Aya Chendooram  
Arumuga Chendooram  
Ayakantha Chendooram No.1  
Ayakantha Chendooram No.2  
Mandoora Chendooram

**179. HYPOPROTEINEMIA**

Hreprotein Capsule  
Venpoosani Legiyam  
Satavari Legiyam  
Vallarai Legiyam  
Nutro Food  
Nutro Biscuits

**180. IMPETIGO**

Aeroliv Capsule  
Chandanadhi Capsule  
Aeroskin Capsule  
Rasaganthi Mezhu  
Capsule  
Parangipattai Cooram  
Kungiliya Vennai (external Use)  
Punga Thylam

Pinda Thylam  
Karappan Thylam (ex. Use)

**181. INFLUENZA (FLUFEVER)**

Herbo Feverex Capsule  
Thirikadugu Legiyam  
Thalisathi Chooram  
Amukkara Chooram  
Yelathi Chooram  
Maha Yelathi Chooram

**182. INSOMNIA**

Sleepwel Capsule  
Aswagantha Capsule  
Stressnil Capsule  
Vallarai Capsule  
Amukkara Chooram

**183. INSOMNIA - FOR  
EXTERNAL USE**

Chandanadhi Thylam  
Arakku Thylam  
Kaiyan Thylam  
Nochi Thylam  
Nasiroga Nasa Thylam  
Pinisa Thylam

**184. ITCHING AND PRURITIS**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Aruganpul Capsule  
 Aeroskin Capsule  
 Kanthaga Parpam  
 Parangipattai Chooram  
 Palakarai Parpam  
 Muthuchippi Parpam  
 Sangu Parpam

**185. FOR ITCHING EXTERNAL USE**

Karappan Thylam  
 Punga Thylam  
 Arugan Thylam  
 Avt Pal Thylam

**186. LUMBAR SPONDYLITIS**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Rheumatigo Capsule  
 Aswagantha Capsule  
 Vitoherb Capsule  
 Ulunthu Thylam

Pinda Thylam  
 Vathakesari Thylam

**187. MENOPAUSAL DISTURBANCES**

Vallarai Capsule  
 Aswagantha Capsule  
 Herbuterin Capsule  
 Impural Legiyam  
 Satavari Legiyam  
 Herbuterin Syrup  
 Padikara Chendooram  
 Padigalinga Chendooram  
 Kungiliya Parpam  
 Padikara Parpam

**188. MENORRHOEA**

Aswagantha Capsule  
 Stressnil Capsule  
 A Pilo Herb Capsule  
 Dyadinil Capsule  
 Satavari Legiyam  
 Venpoosani Legiyam  
 Mathulai Manappagu  
 Padikara Chendooram

Kungiliya Parpam  
 Silachathu Parpam  
 Padikara Parpam

**189. MENTAL DISORDERS**

Aswagantha Capsule  
 Stressnil Capsule  
 Vallarai Capsule  
 Vitoherb Capsule  
 Amukkara Chooram  
 Cheeraga Chooram  
 Vittaswa Syrup

**190. METROGHIA**

Herbuterin Capsule  
 Chandanadhi Capsule  
 Aswagantha Capsule  
 Stressnil Capsule  
 A Pilo Herb Capsule  
 Diadynil Capsule  
 Venpoosani Legiyam  
 Mathulai Manappagu  
 Mathulai Sarpath  
 Kungiliya Parpam

Silachathu Parpam  
 Padikara Parpam

**191. MIGRAINE**

Aeroliv Capsule  
 Painex Capsule  
 Herbo Feverex Capsule  
 Mahayelathi Kulihai  
 Gowri Chinthamani

**192. FOR MIGRAINE - NASAL DROPS**

Chukku Thylam  
 Nochi Thylam  
 Pinisa Thylam

**193. MUSCULAR ATROPY**

Vitoherb Capsule  
 Aswagantha Capsule  
 Rheumatigo Capsule  
 Nellikkai Legiyam  
 Kayakalpam Legiyam  
 Arakku Thylam  
 Chukku Thylam  
 Ulundhu Thylam

**194. OBESITY**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Herbobesity Capsule  
 Nerunjil Capsule  
 Annabethi Chendooram No.1  
 Annabethi Chendooram No.2

**195. ORCHITIS**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Rheumatigo Capsule  
 Kalarchi Choornam  
 Meni Thylam (external Use)

**196. PALPITATION**

Chandanadhi Capsule  
 Herbanjuna Capsule  
 HerboSERPIN Capsule  
 Stressnil Capsule  
 Mahayelathi Kulihai  
 Kasthoori Karuppu

**197. PILES - GENERAL**

Aeroliv Capsule

Chandanadhi Capsule  
 A Pilo Herb Capsule  
 Moolamirtham Legiyam  
 Mahavallathi Legiyam  
 Karunai Legiyam  
 Nathai Parpam  
 Idivallathi Mezhu

**198. BLEEDING PILES**

A Pilo Herb Capsule  
 Dyadinil Capsule  
 Impooral Legiyam  
 Thiriphala Churna  
 Nathai Parpam  
 Naga Parpam  
 Amai Odu Parpam

**199. PREMENSTRUAL  
DISTURBANCE**

Vallarai Capsule  
 Herbuterin Syrup  
 Vittaswa Syrup

**200. PROSTATE  
ENLARGEMENT**

Rheumatigo Capsule

Aerosept Capsule  
 Nerunjil Capsule  
 Silachathu Parpam  
 Kungiliya Parpam  
 Nandukkal Parpam  
 Padikara Parpam  
 Venkara Parpam

**201. PSORIASIS**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Aeroskin Capsule  
 Aruganpul Capsule  
 Rasaganthi Mezhu  
 Capsule  
 Rheumatigo Capsule  
 Parangipattai Choornam  
 Parangi Rasayanam  
 Kanthaga Parpam

**202. PSORIASIS -  
FOR EXTERNAL USE**

Avt Pal Thylam  
 Karappan Thylam  
 Chirattai Thylam

Punga Thylam  
 Arugan Thylam

**203. PTYALISM**

Aerozyme Capsule  
 Inji Legiyam  
 Sarapunga Vilvathi Legiyam  
 Nellikkai Legiyam  
 Thurinji Manappagu  
 Cheeraga Choornam  
 Panjadeepakini Choornam  
 Thiriphala Choornam  
 Ashta Churna

**204. VERTICUCITIS &  
VERSICULONEPHEITIS**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Aerosept Capsule  
 Satavari Legiyam  
 Venpoosani Legiyam  
 Chandanadhi Mathirai  
 Mahayelathi Kulihai

**205. RHEUMATISM**

Aeroliv Capsule



Chandanadhi Capsule	Aeroskin Capsule
Rheumatigo Capsule	Chirattai Thylam
Painex Capsule	Dermo Herb Ointment
Aswagantha Capsule	<b>208. SCIATICA - INTERNAL USE</b>
Rasaganthi Mezhugu	Aeroliv Capsule
Chandamarutha Chendooram	Chandanadhi Capsule
Gowri Sinthamani	Rheumatigo Capsule
Pinda Thylam	Aswagantha Capsule
Rheumatigo Thylam	Vitoherb Capsule
Ulundhu Thylam	Rasaganthi Mezhugu
Vathakesari Thylam	Amukkara Chooram
Laguvisamusti Thylam	Arumuga Chendooram
Chukku Thylam	Chandamarutha Chendooram
<b>206. RICKETS</b>	<b>209. SCIATICA - FOR EXTERNAL USE</b>
Aerocal Capsule	Rheumatigo Oil
Bone Aid Capsule	Chukku Thylam
Vitoherb Capsule	Vathakesari Thylam
Nellikai Capsule	Laguvisamusti Thylam
Mathulai Manappagu	Karpoorathi Thylam
<b>207. RING WORM</b>	<b>210. SCURVY</b>
Aeroliv Capsule	Nellikai Legiyam
Chandanadhi Capsule	

Inji Legiyam	<b>213. CHRONIC SKIN DISEASES</b>
Mathulai Manappagu	Aeroliv Capsule
Thurinji Manappagu	Chandanadhi Capsule
<b>211. SINUSITIS</b>	Aeroskin Capsule
Aeroliv Capsule	Rasaganthi Mezhugu
Aerosinus Capsule	Mahavallathi Legiyam
Herbosma Capsule	Kanthaga Rasayanam
Vankumari Kalpam	Parangi Rasayanam
Pavala Parpam	Rasaganthi Mezhugu
Kasthoori Karuppu	Idivallathi Mezhugu
Sivanar Amirtham	Muthuchippi Parpam
Arakku Thylam	Sangu Parpam
Chukku Thylam	Kanthaga Parpam
Nochi Thylam	Amirtha Vennai (external Use)
<b>212. SKIN DISEASES</b>	Kungiliya Vennai
Aeroliv Capsule	Karappan Thylam
Chandanadhi Capsule	Avt Pal Thylam
Aeroskin Capsule	Chirattai Thylam
Rasaganthi Mezhugu	Mathan Thylam
Aruganpul Capsule	Punga Thylam
Karappan Thylam	<b>214. SORE THROAT</b>
Punga Thylam	Chandanadhi Capsule

Nellikai Capsule

Impural Legiyam

Amukkara Chooram

Drakchathi Chooram

Yelathi Chooram

Thalisathi Chooram

Karpoorathi Chooram

Mahayelathi Kuligai

#### **215. SPERMATORRHOEA**

Chandanadhi Capsule

Gold Pills

Satavari Legiyam

Amukkara Chooram

Silachathu Parpam

Kungiliya Parpam

#### **216. STOMACH PAIN**

Aeroliv Capsule

Chandanadhi Capsule

Aerozyme Capsule

Inji Legiyam

Aeroliv Syrup

Ashta Churna

Thiriphala Churna

Panjadeepakini Chooram

Amai Odu Parpam

Kunmakudori Mezhu

#### **217. APHTHOUS ULCER**

Chandanadhi Capsule

Chandana Mathirai

Satavari Legiyam

Thiriphala Churna

Padikara Chendooram

Annebathi Chendooram No.1

Kungiliya Papam

Padikara Chendooram

Venkara Parpam

#### **218. TONSILITIS**

Aeroliv Capsule

Tonsinil Capsule

Aerosept Capsule

Aeroliv Syrup

Thuthulai Legiyam

Thiriphala Churna

Sangu Parpam

#### **219. TUBERCULOSIS**

Herbosma Capsule

Aswagantha Capsule

Aswagantha Legiyam

Thethankottai Legiyam

Venpoosani Legiyam

Nellikai Legiyam

Mathulai Manappagu

Aswagantha Chooram

Amukkara Chooram

Mahayelathi Kulihai

#### **220. SKIN ULCER OINTMENT**

Herbo Green Ointment

Dermo Herb Ointment

Amirtha Vennai

Kungiliya Vennai

#### **221. DUSTING POWDER FOR SKIN ULCERS (EXTERNAL USE)**

Kanthaga Parpam

Kungiliya Parpam

Padikara Chendooram

Padigalinga Chendooram

#### **222. URETHRITIS**

Chandanathi Capsule

Nerunjil Capsule

Chandanadhi Mathirai

Satavari Legiyam

Venpoosani Legiyam

Kugiliya Parpam

Nandukal Parpam

Silachathu Parpam

Vediyuppu Chunnam

#### **223. URTICARIA**

Aeroliv Capsule

Aruganpul Capsule

Aeroskin Capsule

Begining Dose Capsule

Parangipattai Capsule

Mahayelathi Kuliha

Annabathi Chendooram No.2

Palakarai Parpam

Muthuchippi Parpam

Sangu Parpam

Pavala Parpam

**224. WHITLOW**

Painex Capsule  
 Aerosept Capsule  
 Mathan Thylam  
 Amirtha Vennai

**225. WHOOPING COUGH,  
PERTUSIS**

Herbosma Capsule  
 Thethankottai Legiyam  
 Vankumari Kalpam  
 Impural Legiyam  
 Kasthoori Karuppu  
 Sivanar Amirtham  
 Mahayelathi Kulihai  
 Swasakudori Mathirai

**226. WOUNDS -  
FOR EXTERNAL USE**

Herbo Green Ointment  
 Thiriphala Chooram  
 Amirtha Vennai  
 Kungilia Vennai  
 Mathan Thylam  
 Pinda Thylam

Kungiliya Parpam

**227. ABSORBENTS**

Aeroliv Capsule  
 Aerozyme Capsule  
 Aeroliv Syrup

**228. ACRID**

Thirikadugu Legiyam  
 Panjadeepakini Legiyam  
 Thirikadugu Chooram  
 Pajadeepakini Chooram

**229. ANALGESICS**

Painex Capsule  
 Aswagantha Capsule  
 Rheumatigo Capsule  
 Herbo Feverex Capsule  
 Kiungumapoo Chooranam  
 Amukkara Chooram  
 Vasantha Kusumaharam  
 Maha Yelathi Kulihai

**230. ANTACIDS**

Chandanadhi Capsule  
 Gowri Sinthamani

Kunmakudori Mezugu

Muthuchippi Parpam  
 Sangu Parpam  
 Palakarai Parpam  
 Vedyuppu Chunnam

**231. ANTALKALINES**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Aerozyme Capsule  
 Cheeraga Chooram  
 Thurinjil Manappagu

**232. ANTICATARHALS**

Herbosma Capsule  
 Aerosept Capsule  
 Thlasi Karpam Capsule  
 Kungumapoo Mathirai  
 Neerkovai Mahirai  
 Impural Legiyam  
 Mahayelathi Kulihai  
 Thalishathi Chooram  
 Vasantha Kusumaharam  
 Mathirai  
 Kungiliya Vennai

Karappan Thylam

Punga Thylam

**233. ANTIPERIODICS**

Aeroliv Capsule  
 Herbo Feverex Capsule  
 Aerosept Capsule  
 Thulasi Karpam Capsule  
 Aeroliv Syrup  
 Annabethi Chendooram No.1  
 Annabethi Chendooram No.2  
 Amukkara Chooram  
 Chandamarutha  
 Chendooram  
 Mahayelathi Kulihai  
 Kungumapoo Mathirai  
 Vasantha Kusumaharam  
 Svanar Amirtham

**234. ANTIPYRETICS**

Chandanadhi Capsule  
 Chandana Mathirai  
 Kungumapoo Mathirai  
 Linga Chendooram No.1  
 Linga Chendooram No.2

Mahayelathi Kulihai	<b>237. ANTISPASMODICS</b>
Vasanth Kusumaharam	
<b>235. ANTIRHEUMATICS - FOR EXTERNAL USE</b>	
Kayathirumeni Thylam	
Rhematigo Thylam	
Ulundhu Thylam	
Vathakesari Thylam	
Lagu Visamusti Thylam	
Chukku Thylam	
<b>236. ANTIRHEUMATICS</b>	
Aeroliv Capsule	
Chandanadhi Capsule	<b>238. APHRODISIACS</b>
Rheumatigo Capsule	
Painex Capsule	
Thulasi Karpam Capsule	
Herbo Feverex Capsule	
Rasaganthi Mezhugu Capsule	
Parangi Rasayanam	
Arumuga Chendooram	
Chandamarutha Chendooram	
Kurunthotti Thylam	
	Herbosma Capsule
	Thulasi Karpam Capsule
	Kungumapoo Mathirai
	Vankumari Kalpam
	Maha Yelathi Kulihai
	Kasthoori Karuppu
	Sivanar Amirtham
	Pavala Parpam
	Linga Chendooram No.1
	Linga Chendooram No.2

Mahayelathi Kulihai	<b>239. APPETISERS</b>	
<b>241. CARMINATIVES</b>		
Aeroliv Capsule		
Aerozyme Capsule		
Inji Legiyam		
Sarapunga Vilvathi Legiyam		
Mathulai Manappagu		
Astha Churna		
Yelathi Choomam		
Panjadeepakakini Choomam		
	Thalisathi Choomam	
<b>240. CONSTRICTS THE BODY TISSUES</b> (arrest Bleeding Decrease The Mucosal Secretion)	<b>242. CHOLERETICS</b>	
Aeroliv Capsule		
Chandanadhi Capsule		
Diadynil Capsule		
A Pilo Herb Capsule		
Mathulai Manappagu		
Linga Chendooram No.2		
Padikara Parpam		
Padikara Chendooram		
		Padikalinga Chendooram
		Venkara Parpam
	Aeroliv Capsule	
	Aerozyme Capsule	
	Inji Legiyam	
	Aeroliv Syrup	
	Panjadeepakini Choomam	
	Astha Choomam	
	Kunmakudori Mezhugu	
	Omatheeneer	
	Muthuchippi Parpam	
	Palakkarai Parpam	
	Sangu Parpam	
	Gowri Chinthamani	
	Aeroliv Capsule	
	Kungumapoo Mathirai	
	Aeroliv Syrup	
	Mahayelathi Kulihai	
	Kasthoori Karuppu	
	Vasanth Kusumaharam	

**243. DIGESTIVES**

Aeroliv Capsule  
 Chandanadhi Capsule  
 Aerozyme Capsule  
 Inji Legiyam  
 Saubhagya Sunti Legiyam  
 Sarapunga Vilvathi Legiyam  
 Panjadeepakini Chooram  
 Ashta Chooram

**244. DIRUETICS**

Chandanadhi Capsule  
 Nerunjil Capsule  
 Valaithandu Capsule  
 Satavari Legiyam  
 Venpoosani Legiyam  
 Venkara Parpam  
 Silachathu Parpam  
 Nandukkal Parpam  
 Vedyuppu Chunnam

**245. GERIATRICS,  
GERONOLOGICS**

Aruganpul Capsule  
 Aswagantha Capsule

Vallarai Capsule  
 Vitoherb Capsule  
 Nellikkai Legiyam  
 Aswagantha Legiyam  
 Mahavallathi Legiyam  
 Thethankottai Legiyam  
 Kayakalpam Legiyam  
 Vankumari Kalpam Legiyam  
 Vasantha Kusumaharam  
 Poorna Chanthrothayam

**246. EXPECTORANTS**

Aeroliv Capsule  
 Herbosma Capsule  
 Thulasi Karpam Capsule  
 Thethankottai Legiyam  
 Thuthulai Legiyam  
 Kadankathiri Legiyam  
 Thirikadugu Legiyam  
 Vankumari Kalpam  
 Aeroliv Syrup  
 Herbex Cough Syrup  
 Thalishathi Chooram

Drachathi Chooram  
 Yelathi Chooram  
 Karpoorathi Chooram  
 Thippili Rasayanam  
 Kasthoori Karuppu  
 Sivanar Amirtham  
 Swasakudori Mathirai

**247. HAEMATINICS**

Aeroferr Capsule  
 Kanthaga Rasayanam  
 Vittaswa Syrup  
 Mathulai Manappagu  
 Aya Chendooram  
 Ayakantha Chendooram No.1  
 Ayakantha Chendooram No.2  
 Annabethi Chendooram No.1  
 Annabethi Chendooram No.2  
 Poorana Chandrothayam  
 Mandoora Chendooram

**248. HAEMOSTATICS**

Dyadinil Capsule  
 A Pilo Herb Capsule

Impural Legiyam  
 Kungiliya Vennai  
 Padikara Chendooram  
 Padigalinga Chendooram  
 Padikara Parpam

**249. LAXATIVES**

Aerolax Capsule  
 Kadukkai Legiyam  
 Sugabethi Spl. Powder  
 Nilavarai Chooram  
 Nilavahai Podi  
 Manipathra Legiyam  
 Thriphala Churna  
 Nilavarai Chooram  
 Sugabethi Oil

**250. PURGATIVES**

Murukkan Vithai Mathirai  
 Sugapethi Oil  
 Maha Natha Kulihai

**251. STIMULANTS**

Neogara Capsule  
 Kungamapoo Mathirai

Kayakalpam Legiyam  
Aswaganthi Legiyam  
Amukkara Chooram  
Kastoori Karuppu  
Maha Yelathi Kulihai  
Vasantha Kusumaharam

**252. INCREASE HB AND RBC LEVEL**

Aerofer Capsule  
Mathilai Manappagu  
Arumuga Chendooram  
Aya Chendooram  
Ayakantha Chendooram No.1  
Ayakantha Chendooram No.2  
Annabethi Chendooram No.1  
Annabethi Chendooram No.2  
Mandoora Chendooram

**253. CARDIAC TONICS**

Herbarjuna Capsule  
Hybiscus Sarpath  
Maha Yelathi Kulihai  
Poorna Chanthrothayam

**254. TONICS GENERAL**

Vallarai Capsule  
Nellikai Legiyam  
Aswaganthi Legiyam  
Venpoosani Legiyam  
Thethankottai Legiyam  
Vittaswa Syrup  
Poorana Chanthrothayam  
Ayakantha Chendooram

**255. INTESTINAL TONICS**

Aeroliv Capsule  
Aerozyme Capsule  
Vilvathi Legiyam  
Sarapunga Vilvathi Legiyam  
Thethankottai Legiyam  
Aeroliv Syrup

**256. STOMACHIC AND TONICS**

Aerozyme Capsule  
Saubhagya Sunti  
Inji Legiyam  
Thirikadugu Legiyam  
Ashta Churna

**257. ASCARIASIS**

Aerosept Capsule  
Neemfort Capsule  
Murukkan Vithai Mathirai  
Meni Thylam



**Average Weight of Infant from Birth to 12 Months**

**Weight at Birth : 2500 gms**

Age (Month)	Weight (Gms)	Age (Month)	Weight (Gms)
One	2900	Seven	6100
Two	3500	Eight	6450
Three	4100	Nine	6800
Four	4700	Ten	7150
Five	5300	Eleven	7500
Six	5700	Twelve	7850

**1000 gm = 1 Kg. = 2.2 lb.**

**Eruptions of Teeth according to Age**

**Milk Teeth**

06 - 08 Months	Central Incisors
07 - 09 Months	Lateral Incisors
12 - 14 Months	First Molars
16 - 18 Months	Canines
20 - 24 Months	Second Molars

**Permanent Teeth**

06 - 07 Years	First Molars
06 - 08 Years	Central Incisors
07 - 09 Years	Lateral Incisors
10 - 12 Years	First Premolars
11 - 12 Years	Second premolars
11 - 12 Years	Canines
12 - 13 Years	Second Molars
17 - 25 Years	Third Molars

**Desirable weights in kgms. for Indian Men and Women over the age of 25 years.**

**MEN**

Height in cm	Weight in Kgms.		
	Small Frame	Medium Frame	Large Frame
152	45.4 - 48.4	49.4 - 53.0	52.2 - 56.0
155	47.0 - 51.0	50.5 - 54.3	53.5 - 58.0
157	48.6 - 52.0	51.9 - 55.6	54.3 - 58.8
160	49.8 - 53.0	53.0 - 57.0	56.9 - 60.9
163	51.4 - 55.6	54.3 - 58.8	57.6 - 62.5
165	52.7 - 56.8	55.9 - 60.0	59.2 - 64.1
168	54.3 - 57.4	57.6 - 61.6	60.9 - 66.1
170	55.6 - 60.0	59.2 - 63.7	62.5 - 67.8
173	57.2 - 61.6	60.9 - 65.3	64.1 - 69.4
175	58.8 - 63.3	62.5 - 67.0	65.7 - 71.4
178	60.4 - 65.0	64.1 - 68.6	67.4 - 73.5
180	62.0 - 67.0	65.7 - 70.6	69.0 - 75.5
183	63.6 - 68.6	67.4 - 72.2	70.7 - 77.2

**WOMEN**

147	42.5 - 45.3	44.9 - 48.2	47.8 - 51.9
150	42.9 - 46.1	45.7 - 49.0	48.6 - 52.7
152	43.7 - 47.0	46.5 - 49.8	49.4 - 53.5
155	44.0 - 48.2	47.8 - 51.0	50.6 - 55.1
157	46.1 - 49.4	49.0 - 52.3	51.0 - 56.3
160	47.4 - 51.0	50.6 - 53.9	53.5 - 58.0
163	48.6 - 52.3	51.9 - 55.1	54.3 - 59.2
165	50.2 - 53.9	53.1 - 57.2	56.3 - 61.2
168	51.4 - 55.5	54.3 - 58.8	58.0 - 62.9

**Table of Blood Pressure, Average for Indian**

Age			Age		
Blood Pressure (mm)			Blood Pressure (mm)		
Years	Systolic	Diastolic	Years	Systolic	Diastolic
6	93	62	31	122	82
7	93	63	32	123	83
8	94	65	33	123	83
9	94	65	34	123	83
10	99	68	35	124	84
11	100	70	36	125	84
12	100	70	37	125	84
13	101	70	38	126	85
14	106	70	39	126	85
15	106	72	40	127	86
16	111	76	41	127	86
17	111	76	42	128	87
18	111	76	43	128	87
19	113	76	44	128	87
20	117	78	45	130	88
21	117	78	46	130	88
22	119	79	47	131	89
23	119	79	48	132	89
24	119	79	49	132	89
25	120	80	50	134	90
26	120	80	51	134	90
27	120	80	52	136	91
28	121	81	53	136	91
29	121	81	54	136	91
30	122	82	55	138	92

The figures are for meal vegetarians. For female, average is 3% - 5% lower for age 16 - 45. Thereafter it is the same. Average for Non-vegetarians is 4% higher.

**Some Normal Blood Values**

Serum Billirubin	0.1 - 0.25	mg / 100 cc
Serum Calcium	9 - 11	mg / 100 cc
Blood Gholesterol	140 - 200	mg / 100 cc
Blood Gilcose	70 - 120	mg / 100 cc
<b>Serum</b>		
Total proteins	6.5 - 8.2	gm / 100 cc
Albumin	4.6 - 6.7	gm / 100 cc
Globulin	1.2 - 2.3	gm / 100 cc
<b>Bleeding time</b>	Duke 1 - 3	minutes
<b>Clotting time</b>		
Capillary blood	4 - 8	minutes
Venous blood	5 - 10	minutes
<b>Heamoglobin</b>		
Male	14.7	gm / 100 cc
Female	14.3	gm / 100 cc
<b>R.B.C. Count, Adults</b>		
Male	4.6 - 6.2	million / cmm
Female	4.2 - 5.4	million / cmm
<b>Platelet Count</b>	2,00,000 - 6,00,000 / cmm	
<b>W.R.C Count</b>	8,000 - 10,000 / cmm	
<b>W.B.C. Differential Count</b>		
Polymorphs	56 %	
Lymphocytes	26 %	
Monocytes	5 %	
Eosinophiles	1.5 %	
Basophiles	0.5 %	
<b>E.S.R. (Wintrobe)</b>		
Male	9.0 mm / hr	
Female	20.0 m / hr	



## Pregnancy Table for Expected Date of Delivery

### OBTETRIC TABLE

The Calculation is made from the first day of the last menstrual period

January	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	January	
October	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	November	
February	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	February				
November	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5	December				
March	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	March	
December	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	January	
April	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	April		
January	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	February		
May	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	May	
February	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	March	
June	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	June		
March	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	April		
July	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	July	
April	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	May	
August	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	August	
May	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	June	
September	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	September		
June	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	July	
October	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	October	
July	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	August	
November	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	November		
August	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	September	
December	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	December	
September	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	October

**H.O. & Factory**

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